

## 7.15 a.m. HOLY COMMUNION

Colour: PURPLE

Theme: **POSITIONING OURSELVES FOR FULL RESTORATION**

**(iii) Self Denial and Cross Bearing**

**Celebrant: Canon Residentiary**

**Stewards on Duty: Group A**

1. **Opening Hymn:** A&MRW 820 (*Contemplation*)
2. **Introductory Sentence** "Then he said to them all: 'Who ever wants to be my disciple must deny themselves and take up their cross daily and follow me.'" *John 9: 23*
3. **The Preparation** (Page 170)
4. **Collect for Purity** (Page 171)
5. **Summary of the Law** (Page 172)
6. **Words of Comfort** (Page 175)
7. **Confession to Collect** (Pages 175-176)
8. **Collects:**  
*Almighty God, Whose most dear Son went not up to joy but first He suffered pain, and entered not into glory before He was crucified, grant that we, walking in the way of the Cross, may find it none other than the way of life and peace, through Jesus Christ our Lord. Amen.*  
  
*Almighty and merciful God, You hate nothing that You have made and forgive the sins of all those who are penitent, create and make in us new and contrite hearts, that lamenting our sins and acknowledging our wretchedness, we may receive from You, the God of all mercy, perfect forgiveness and peace : through Jesus Christ our Lord. Amen.*
10. **Epistle:** I Corinthians 9: 24-27 **The Clergy**
11. **Gradual Hymn:** A&MRW 342 (*Tune A&MRW 137 - Love Divine*)
12. **Gospel:** Luke 9: 18-27 **Canon Residentiary**
13. **Address:** **The Provost**
14. **Creed:** (Page 178)
15. **Intercession:**(Pages 183-184) **The Clergy**
16. **Offertory Sentence:** "For whoever wants to save their life will lose it, but whoever loses their life for me will find it." *Matthew 16:25*
17. **Offertory Hymn:** A&MRW 135 (*Breslau*)  
*(Please drop all your envelopes)*
18. **Preparation of Gifts to Eucharistic Prayer** (Pages 187-190)
19. **Breaking of Bread to Anthem:** (Pages 190 -193)
20. **Prayer of Humble Access:** (Pages 193 -194)
21. **Communion Sentence:** "No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer. Similarly, anyone who completes as an athlete does not receive the victor's crown except by competing according to the rules" 2 *Timothy 2: 4&5*
22. **Hymns during Administration:**
  - (i) A&MRW 422 (*Hyfrydol*)
  - (ii) A&MRW 428 (*Aberystwyth*)
  - (iii) A&MRW 430 (*Tune A&MRW 94 - Dix*)
  - (iv) A&MRW 434 (*Franconia*)
  - (v) A&MRW 157 (*Rockingham*)
  - (vi) A&MRW 447 (*Tune H.C. 444 - Beaumaris*)
  - (vii) A&MRW 449 (*Moseley*)
  - (viii) A&MRW 453 (*St. Helen*)
23. **Post Communion Hymn:** Hymn for the Year - see page 13  
***End of month Thanksgiving***
24. **Post Communion Sentence:** *Merciful Lord, grant Your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow You, the only God, through Jesus Christ our Lord.*
25. **The Lord's Prayer to Thanksgiving Prayer** (Pages 195-196)
26. **Thanksgiving at the Altar**
  - ***February Birthday Thanksgiving (A&MRW 766)***
  - ***88th Birthday of Mrs. Funmi Bamisebi (A&MRW 739)***
  - ***60th Birthday of Mrs. Adepeju Dinyo (A&MRW 753)***
28. **Notices:**
29. **Spiritual Tonic: *Philippians 4:13***
30. **Benediction to Dismissal:** (Page 196)
31. **Withdrawal Hymn:** A&MRW 755 (*University College*)  
*At the Organ: Mr. 'Jola Adeosun*

# 9.15 a.m. **COMBINED CHORAL MATTINS AND SUNG EUCHARIST**

Theme: **POSITIONING OURSELVES FOR FULL RESTORATION**  
**(iii) Self Denial and Cross Bearing**

**Cantor:** Ven. Uchenna Ubadinobi  
**Celebrant:** Revd. Henry Mooh  
**Responses:** Ernest Winchester in F  
**Communion Setting:** Charles Wood in C

1. **Processional:** A&MRW 812 (*Wiltshire*)
2. **Opening Sentence:** "Then he said to them all: 'Who ever wants to be my disciple must deny themselves and take up their cross daily and follow me.'" John 9: 23
3. **Call to Worship:**
4. **Psalm: 119: 105-112 (ASB 209 - Thomas Attwood in E)**  
**119:113-120 (ASB 208 - John Camidge Junior in E)**
5. **O.T. Reading:** Genesis 39: 6(b)-23 - Cathedral Christian Brothers
6. **Epistle:** I Corinthians 9: 24-27 - Cathedral Christian Brothers
7. **Benedictus:** ASB 179 - Williams Russell in E
8. **Gospel:** Luke 9: 18-27 Revd. Henry Mooh
9. **Benedicite - Naylor in G - E.W. Naylor**
10. **Creed to Third Collect**

**Collects:**

**Almighty God, Whose most dear Son went not up to joy but first He suffered pain, and entered not into glory before He was crucified, grant that we, walking in the way of the Cross, may find it none other than the way of life and peace, through Jesus Christ our Lord. Amen.**

**Almighty and merciful God, You hate nothing that You have made and forgive the sins of all those who are penitent, create and make in us new and contrite hearts, that lamenting our sins and acknowledging our wretchedness, we may receive from You, the God of all mercy, perfect forgiveness and peace : through Jesus Christ our Lord. Amen.**

11. **Anthem: Cantic De Jean Racine**  
*O divine word above, our hope and consolation,  
Eternal light of the heavens and the earth:  
our voices greet the morning; Look down, O Lord, and hear thy people's prayer, Look down, O Lord,  
and hear thy people's prayer!  
Inspire us, Lord, we pray, with the power of thy spirit, that hell may flee, that hell may flee before thy mighty word. From slumber waken us, our weary souls reviving, that we may never forget thy laws!  
Lord Jesus Christ, have mercy on thy congregation Now gathered here in the sight of thy throne;  
Receive the hymns they offer to thy endless glory; Renewed by hy gifts may they go forth in peace.*

**Words:** John Racine

**Edited by:** John Rutter

**Music:** Gabriel Faure Op. 11 (1865).

12. **Hymn before Sermon:** A&MRW 157 (*Rockingham*)
13. **Sermon:** The Provost
14. **Intercession:** - Cathedral Christian Brothers

15. **Sunday Collection** - A&MRW 678 (*In Christ Alone*)  
(Drop all your envelopes)
16. **Thanksgiving at the Altar:**
  - ***Swearing-in of the Standing Committee Members***
  - ***1st Birthday of Master Ereadura Oluwaferami Adeola Okubadejo (A&MRW 753)***
  - ***Revd. Canon 'Kunle Dina - Successful Surgery(A&MRW 766)***
  - ***February Birthday Thanksgiving (A&MRW 739 -Nun Danket)***
  - ***Monthly Thanksgiving (A&MRW 820 - Contemplation)***
17. **Hymn:** A&MRW 421 (*Tune: All for Jesus*)
18. **The Peace**
19. **Offertory Sentence:** *"For whoever wants to save their life will lose it, but whoever loses their life for me will find it." Matthew 16:25*
20. **Offertory Hymn:** A&MRW 445 (*Everton*)
21. **Preparation of Gifts - Prayer of Humble Access**  
(pages 193-194)
22. **Communion Sentence:** *"No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer. Similarly, anyone who competes as an athlete does not receive the victor's crown except by competing according to the rules" 2 Timothy 2: 4&5*
23. **Hymns During Administration:**
  - (i) A&MRW 471 (*Tune A&MRW 506 - Aurelia*)
  - (ii) A&MRW 135 (*Breslau*)
  - (iii) A&MRW 422 (*Hyfrydol*)
  - (iv) A&MRW 428 (*Aberystwyth*)
  - (v) A&MRW 449 (*Moseley*)
  - (vi) A&MRW 447 (*Tune H.C. 444 - Deaumaris*)
  - (vii) A&MRW 434 (*Franconia*)
24. **Post Communion Hymn:** Hymn for the year  
- see page 13
25. **Post Communion Prayer:** *Merciful Lord, grant Your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow You, the only God, through Jesus Christ our Lord.*
26. **The Lord's Prayer to Thanksgiving Prayer** (pages 195-196)
27. **Notices**
28. **Spiritual Tonic: *Philippians 4:13***
29. **Benediction to Dismissal**
30. **Final Amen: Sevenfold Amen - Sir John Stainer**
31. **Withdrawal Hymn:** A&MRW 780 (*St. Ethelward*)

*At the Organ: Mr. 'Jola Adeosun & Mr. Chuka Onyenze*  
*Choral Conductor: Mr. Princewill Ubani*

# SUNDAY 03/03/2024

# Day 63

Bible in a year: Numbers 10,11; Acts 17

## **Points for Prayer:**

- ❖ The Most Revd. Emmanuel S. Egbunu, Archbishop of Lokoja Province.
- ❖ The Revd. Sunday Alaba Okiti(40)
- ❖ **The Church of the Province of Uganda**

## ❖ **Birthday Intercession for:**

Mrs. Adepeju Dinyo(60), Mr. James Olusola Adigun, Mrs. Olufunmilola Oni(nee Osibo), Mr. Olubi Olabode Ogundepo, Ambassador Jonathan Gilbert Oluyinka Olaitan, Miss Ayanfeoluwa Temiloluwa Arowosegbe, Mr. Folakunmi Ojemuyiwa, Mr. Sijibomi Ojemuyiwa, Miss Folasade Olamide Martins, Mr. Olaoluwakitan Ejemai, Miss Taiwo Osho, Miss Kehinde Osho, Mr. Franklyn Ekeopara, Mrs. Mary Morounfayo Jemide Martins, Mrs. Onikepo Animashaun, Miss Yemisi Olomu, Master Daniel Akinola, Miss Ijeoma Blessing Chukwuma, Master Taiwo Uwamu, Miss Kehinde Uwamu.

## ❖ **Memorial Intercession:**

Chief Bolaji Onanusi, 7 years' mind.

## ❖ **Family Intercession:**

**Families of** Gen. Theophilus Danjuma, CPA, Dr. Damola daCosta, Mr. Ezeogu, Mr. A.M. Samuel, Mr. Olumide Sofowora, SAN, Late Mr. J.B. Daramola, Late Mr. Modupe Buxton-Davies, Late Pa Gilbert Oyenola Ogunro, Esq, CPA, Mr. 'Supo' Shasore, SAN, Late Mr. Hugh Oluwole Shogbola, Mr. Adekunle Olufolahan Abisogun.

## ❖ **Prayer for Businesses**

Crest Diners Ltd, Crest Security Outfit, Delicacies Zone Ltd, Prime Chamber, NEM Insurance, Kofo Coker & Co, Hampton Property Ltd, Rotimi Coker & Co, Shoreline Natural Resources, Costain Nig. Ltd., Omni Clinic, Career Anchor Consultancy Ltd.; Elikot Nigeria Ltd, Tanurette Nigeria Ltd, D.F. Groups, Lenox Hill Realty Limited, Lenox Heights Ltd., Purple Scents Ltd, Quintus Projects Ltd, Flamestar Investment Company Ltd, F.O. Fagbohunge & Co, Come On Naija, Breaking Barriers Support Initiative, Federated Oil and Mining Services Ltd, Cybernet Security Ltd, Communications Devices Ltd, Mcell Ltd.

## **SUNDAY 03/03/2024 - MEETINGS**

9.00 a.m. **There will be a meeting of The Koinonia**

### **after Combined**

**Service** There will be the General Monthly Meeting of the **Cathedral Ladies League** at the Lagos Anglican Diocesan Seminary.

- (ii) The Executive Committee Meeting of the **Cathedral Ladies Armour Bearer** will take place at the Lagos Anglican Diocesan Seminary.

**11.00 a.m.- 1.00 p.m. Clinic**

**CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY**

**4.00 p.m. DIOCESAN HEALING AND CHARISMATIC SERVICE**

# ACTIVITIES FOR THE WEEK

MONDAY

04/03/2024

Colour: PURPLE

Day 64

*Bible in a year: Numbers 12-14; Psalm 28,29*

6.45 a.m.

**Holy Communion**

Celebrant: **Ven. Henry Adelegan**

**Epistle: I Cor. 7: 25-31**

**Gospel: Mark 5: 21-43**

**Points for Prayer**

- ❖ The Revd. A.A. Oyedele, Lokoja Provincial Secretary.
- ❖ **The Diocese of Chubu, The Nippon Sei Ko Kai.**

❖ **Birthday Intercession:**

Mrs Olufunmilayo Olaoluwa Meadows(70), Mrs. Patricia Onoriode Edegware-Eweme, Ven. Gabriel Chijioke Ezeanya, Mr. ThankGod Tamuno, Mrs. Morounkeji Ajoke Bashua, Mrs. Jadesola Ogunwale, Miss Adunola Adepeju Taiwo, Mr. Felix Chukwubechukwu Ezemezue, Mrs. Lauretta Naankwat Ogutuga, Master Chinonso Chijioke, Mr. Sunday Olanrewaju Ogidi, Mr. Yinka Oniwinde, Mr. Iyanu Emmanuel Oso, Miss Eniola Ososanya, Miss Desola Arimiyau, Mrs. Felicia Adefunke Adedokun, Master Desola Adelayo.

❖ **Memorial Intercession:**

- (i) Mr. Joseph Kehinde Ladeinde, 10 years' mind.
- (ii) Dr. Olu Asekun, 23 years' mind.
- (iii) Mrs. Jeminah Nwarambili Anazonwu, 29 years' mind.
- (ii) Mr. Samuel Adolphus Owolabi Bailey, 41 years' mind.
- (v) Chief (Dr.) Akinlawon Adefolu, 63 years' mind.
- (vi) Mrs. Dorothea Aina John.

6.45 a.m.

**Altar Call: Mrs Olufunmilayo Olaoluwa Meadows, 70th Birthday Thaksgiving**

4.00 p.m.

**Women Bible Class/Prayer Meeting - Prayer for the Churches in Diocese of Lagos**

**5.00 p.m. Lenten Diet**

TUESDAY -05/03/2024

Colour: PURPLE

Day 65

*Bible in a year: Numbers 15,16; Acts 18*

6.45a.m.

**Holy Communion**

Celebrant: **Revd. Henry Mooh**

**Epistle: I Cor. 7: 32-40**

**Gospel: Mark 6: 1-13**

**Points for Prayer**

- ❖ Evangelist Z.B. Gana, Assistant Secretary, Province of Lokoja.
- ❖ The Ven. Sunday Adeniran Asaolu.
- ❖ Mrs. Grace Adaeze Ubeh
- ❖ 13th Wedding Anniversary of Revd. Akpoezi and Mrs. Olayinka Idiode.
- ❖ **The Diocese of Clogher, The Church of Ireland.**

❖ **Birthday Intercession:**

Mrs. Muriel Olufemi Laguda, Mrs. Yetunde Cole, Miss Folasade Aderemi Oshin, Mrs. Julie Paul, Master Oluwatomi Ojora, Ms. Ololade Ojuri, Miss Aderinuola Aboyade-Yebovi, Mr. Babajide Ogunmekan, Master Bala Miller-Jaja, Mr. Joseph Owolabi Adewale, Mr. Solanke Oyediran Ogunlana, Mrs. Imomotimi Appah, Master Oluwafeyisayo Taiwo, Miss Emmanuella Onyemечи, Mrs. Aderike Olanrewaju Ajitena, Mrs. Olamide Akinola, Ms. Kehinde Okiemute Browne, Mrs. Abimbola Doherty, Sergeant Akinwumi Fasusi, Miss Kotun Olayinka, Mr. Dita Afolahan Jaja.

❖ **Wedding Anniversary Intercession:**

- (i) Mr & Mrs. Ugochukwu Okonkwo, 14th Wedding Anniversary
- (ii) Mr & Mrs. Udochukwu Okonkwo, 14th Wedding Anniversary

**5.00 p.m. Lenten Diet**

**6.00 p.m.**

**Choir Practice**

**WEDNESDAY – 06/022/2024**

**Colour: PURPLE**

*Bible in a year; Numbers 17-19; Acts 19*

**6.45 a.m. Holy Communion**

**Celebrant: The Provost**

**Epistle: I Cor. 8: 1-13**

**Gospel: Mark 6: 13-29**

**Points for Prayer**

- ❖ *Engr. O.K. Adeniji, Lokoja Provincial Treasurer*
- ❖ *Mrs. Dorcas Olufolake Odusanya*
- ❖ *Mrs. Esther Oluwayemisi Oyekan*
- ❖ **The Diocese on the Coast, The Church of Nigeria (Anglican Communion)**

❖ **Birthday Intercession:**

*Mrs. Enitan Olubunmi Babaniji(80), Mrs. Victoria Roli Uwamu-Onigbanjo, Mrs. Debi Adebiyi Oritsejafor, Miss Adenike Adeyemi, Mr. Nathaniel Tolulope Meadows, Mr. Oladipo Ilori, Mr. J.D. Abade, Miss Irene Nadyen Din, Mr. Sylvester Fingesi, Miss Ngozi Fingesi, Ms. Dupe La-Anu Odedina, Princess Kariboba Fred Princewill, Mr. Olumuyiwa Doherty, Miss Ekiomo Irhemiren, Miss Anette Edegware-Eweme, Master Babatunde Morakinyo, Master Olamipo Adebowale, Mr. Victor Chigozie Njoku, Miss Olayemi Olatunsin, Mrs. Grace Lawson, Miss Moradeyo Olivia Martins, Miss Grace Chiamaka Johnson.*

❖ **Memorial Intercession:**

*Mr. Alfred Obatunyi Ogedengbe, 65 years' mind..*

**10.00 a.m. Baptism**

**5.00 p.m. Lenten Service**

**THURSDAY – 07/03/2024**

**Cplour: PURPLE**

**Day 67**

*Bible in a year: Numbers 20,21; Acts 20*

**6.45 a.m. Holy Communion**

**Celebrant: Revd. Michael Nwigani**

**Epistle: I Cor. 9: 1-15**

**Gospel: Mark 6: 30-46**

**Points for Prayer**

- ❖ *His Excellency, David Nweze Umahi, Governor and the People of Ebonyi State.*
- ❖ *Chief Barister Chuks Ikoku, Bishop's Nominee.*
- ❖ **The Diocese of Cochin, The Church of South India (United).**

❖ **Birthday Intercession:**

*Engr. Olusegun Adeyinka, Mr. Akinwunmi Cole, Mr. Victor Ayodeji Selome Okupevi, Miss Olufunmilola Adelayo, Mr. Akinwunmi Ojo-Carons, Miss Bolanle Oni, Mrs. Towobola Abiola Layeni, Mr. Olutayo Sowande, Mrs. Ibiyinka Majiyagbe, Miss Divine P.U. Uwam, Mrs. Chinwe Uchendu, Mr. Olugbenga Oshinowo, Miss Oluwadamilola Oluseyi Ayodele, Dr. (Miss) Rachael Tejumade Temidayo Ademokun, Miss Chidinma Grace Ella Ishie, Master Cinwonsoko Micah Amihere, Mr. Adeposi Adeosun, Miss Oluwakemi Adeyeri, Mr. Babatunde Afolabi, Mrs. Mobolanle Oluwafunmilola Akpe, Miss Atirola Olubusayo Bode-Thorpe, Miss Olufunlola Arimiyau, Miss Elisa Oluwatofunmi Akodu, Mr. Afisi Olusegun.*

❖ **Wedding Intercession:**

*Mr & Mrs. Afolabi Olufemi Kuti, 4th Wedding Anniversary.*

❖ **Memorial Intercession:**

- (i) *Omoba Kehinde Ademola, 3 years' Mind*
- (ii) *Mr. Adedoyin Olubusola Adeluwoye, 29 years' mind.*
- (iii) *Mr. Henry Adolphus Bailey, 80 years' mind.*

**5.00 p.m. Lenten Diet**

**6.00 p.m. Choir**

**FRIDAY 08/03/2024**

**Colour: PURPLE**

**Day 69**

*Bible in a year: Numbers 22,23; Psalm 30*

**6.45 a.m. Celebrant: Revd. Canon Kunle Dina**

**Epistle: 1 Cor. 9: 16-27**

**Gospel: Mark 6: 47-56**

**Points for Prayer**

- ❖ *His Excellency, Governor, Godwin Obaseki, Governor and the People of Edo State.*
- ❖ *Mrs. Elizabeth Folake Adebayo*
- ❖ *Mrs. Olufunke Ayooluwa Adeluwoye*
- ❖ **The Diocese of Coimbatore, The Church of South India (United)**

❖ **Birthday Intercession:**

*Mrs. Victoria Olayinka Otuyalo(nee Meadows)(70), Omoba Edward Adegbola Ademola, CPA, Miss Ngozi Ahuchaogu, Mrs. Grace Folake Oluseyi Bamidele, Mrs. Adedoyin Ibilola Dawodu, Mr. Ladipo Merriman-Johnson, Mr. Michael Oluwatobi Aina, Miss Ugochi Apakama, Master Samuel Bamgboye, Miss Olamide Olabisi, Mr. Stanley Ologbo, Mr. Azubuike Osuchukwu, Master Tamunokoro Peterside, Ms. Aderonke Adegboyega.*

❖ **Memorial Intercession:**

- (i) *Madam Jullianah Ibiyemi Akinbinu Thomas, 4 years' mind.*
- (ii) *Chief Engr. Fredrick Olanipekun Jackson-Cole, 8 years' mind*
- (iii) *Chief (Mrs) Obafunke Akinkugbe, CPA, 15 years' mind.*
- (iv) *Mrs. Florence Omolara Adeneye-Odotie, 15 years' mind.*
- (v) *Mrs. E.I. Shonekan, 21 years' mind.*

**6.45 a.m. Altar Call: Mrs. Victoria Olayinka Otuyalo(nee Meadows), 70th Birthday Thanksgiving**

**5.00 p.m. Lenten Diet**

**SATURDAY – 09/03/2024**

**Colour: PURPLE**

**Day 69**

*Bible in a year: Numbers 24,25; Acts 21*

**7.45a.m. Holy Communion**

**Celebrant: Revd. Olawole Faloye**

**Epistle: 1 Cor. 10: 1-13**

**Gospel: Mark 7: 1-23**

**Points for Prayer:**

- ❖ *His Excellency, Mr. Biodun Oyebanji, Governor, and the People of Ekiti State.*
- ❖ *Revd. Boniface Okechukwu Ikeri.*
- ❖ **The Diocese of Colombia, The Episcopal Church, USA**

❖ **Birthday Intercession:**

*Chief Mrs. Olubukunola Ajomo, Chief (Dr) John Akinlawon Adefolu, Captain Dele Sasegbon, Master Adebola Oluwapelumi Opeaye, Miss Boma Belema Wakama, Mrs. Olusola Ademulegun, Mr. Ahonsi Obadan, Mrs. Folashade Odubogun, Mr. Leo Uchechukwu Nwajei, Master Ehwofasa Evabeta, Miss Sumele Taiwo Aruofor, Mr. Odeli Kehinde Aruofor, Mr. Akintunde Oluwole Babarinde, Mr. Opeyemi Dalley Mabinuori, Mrs. Chinyere Esther Ume.*

❖ **Memorial Intercession:**

- (i) *Mr. Abiodun Olufemi Adebo, 2 years' mind.*
- (ii) *Mr. Joseph Walrond McEwen, 15 years' mind.*
- (iii) *Miss Miriam Emu, 16 years' mind.*

**5.00 p.m. Lenten Diet**

# Bible Study Outline

**THEME: THE CHRISTIAN RACE**

**SUB-THEME: Concept of Christian Race 3**

**TOPIC: Transitional**

**TEXT: 2 Corinthians 5:1-4**

**AIMS:**

- i. to show us that our citizenship as Christians is in heaven, not on earth,
- ii. to identify how we should live as Christians in view of the transitional nature of the Christian race
- iii. to discover the implications and dangers of being earthly in our lifestyle as Christians

## INTRODUCTION

Apostle Paul exposed us in to the fact that the Christian race here on earth is not an end in itself, but a means to an end (2 Cor 5:1-4). The end is heavenly, not earthly. It is eternal, not temporal or transitional. The end is not interim or intermediate. It is permanent. What implications do this hold for the church? Our guides for study will illuminate us more.

## STUDY GUIDES

1. What is your concept on earthly tent and heavenly building in the context of 2Cor 5:1?
2. How should a Christian conduct his or her life in view of the transitional nature of our earthly race?  
  
2Cor.5:9-10; 2Pet 3:13-14.
3. What are the implications and dangers of living or portraying the Christian life as though the earth is the final 'bus stop?' 1Cor.15:19; Gal.6:8.
4. How can we conduct our Christian lives on earth as heavenly citizens without staining our garments? 1 Thes.5:22; Heb.12:1-2, 14-17.

**CONCLUSION:** Becoming a Christian is just the beginning of a challenging journey for eternal life where grappling with the tension between living on earth as humans and staying focused as heaven-bound pilgrims is an ever present reality to safely brace the tape of eternal life in God's kingdom.

**FOOD FOR THOUGHT:** Though in human nature, be heavenly conscious and focused.

**MEMORY VERSE:** Phil 3:20

"For our citizenship is in heaven, from which we also eagerly wait for the Saviour, the Lord Jesus Christ"



SPIRITUAL TONIC FOR THE WEEK

***Philippians 4:13***

**“I can do all this through him who gives me strength.”**

**My God and Father, You are great and powerful. I acknowledge Your power, which is at work in my life. Through Your help, I am able and can do all things. Today, renew in me the ability to die to self and embrace the cross that You have allowed to come my way. By Your empowerment, make me walk in the blessing that You freely give so that my complete restoration may be evident to all. In Jesus Christ’s name, I declare it. Amen**

**ANGLICANISM FAST FACTS**

**39 ARTICLES OF RELIGION**

**ARTICLE XVII**

**17. Predestination and Election**

Predestination to life is the eternal purpose of God, whereby (before the foundations of the world were laid) he has consistently decreed by his counsel which is hidden from us to deliver from curse and damnation those whom he has chosen in Christ out of mankind and to bring them through Christ to eternal salvation as vessels made for honor. Hence those granted such an excellent benefit by God are called according to God's purpose by his Spirit working at the appropriate time. By grace they obey the calling; they are freely justified, are made sons of God by adoption, are made like the image of his only-begotten Son Jesus Christ, they walk faithfully in good works and at the last by God's mercy attain eternal happiness. The reverent consideration of this subject of predestination and of our election in Christ is full of sweet, pleasant, and inexpressible comfort to the godly and to those who feel within themselves the working of the Spirit of Christ, putting to death the deeds of the sinful and earthly nature and lifting their minds up to high and heavenly things. This consideration establishes and confirms their belief in the eternal salvation to be enjoyed through Christ and kindles a fervent love towards God. But for inquisitive and unspiritual persons who lack the Spirit of Christ to have the sentence of God's predestination continually before their eyes is a dangerous snare which the devil uses to drive them either into desperation or into recklessly immoral living (a state no less perilous than desperation). Furthermore we need to receive God's promises in the manner in which they are generally set out to us in Holy Scripture, and in our actions we need to follow that will of God which is clearly declared to us in the Word of God.

**TITHE:**

**Remember to pay your Tithe\***

*(into Cathedral Zenith Bank Account Number)*

**1013180620**

**(The tithe is a tenth of all our increase)**

*‘You shall tithe all the yield of your seed that comes from the field, year by year’ Deut. 14:22.*

**SUSTENTATION**

Please pay your Sustentation/Church Dues (for the upkeep of the Church to: First Bank: **2000519164**  
(Kindly indicate the following: Name & Sustentation No)

**157, BAMBOSE BUILDING PROJECT**

Please pay all donations toward the project into Cathedral Access Bank Account Number: **0773948851**

## PAYMENT INTO CHURCH'S ACCOUNTS

"Honour the LORD with your possession... so your barns will be filled with plenty". Proverbs 3: 9&10.  
Your kind and generous donations to the Cathedral will be highly appreciated. Below are the Church's Bank Accounts.

No	PURPOSE	BANK	ACCT NO
1.	Social Welfare Service Unit	Polaris Bank	1770128010
		Zenith Bank	1013826528
2.	Cathedral Clinic	First Bank	2000514561
3.	Donations/Sunday Collection/Thankoffering	GT Bank	0124088211
4.	Offertory/Communion Basket	UBA	1017498994
5.	Sustentation	First Bank	2000519164
6.	Family Harvest/Harvest Donations	FCMB	0130543010
		Union Bank	0071028724

You can also visit the Cathedral website [www.thecathedrallagos.org](http://www.thecathedrallagos.org) to make your donations.  
**GOD WILL COUNTENANCE YOUR SACRIFICE**



**FOR YOUR OFFERINGS AND OTHER  
DONATIONS. GOD BLESS YOU.**

## WOMEN'S CORNER NOTICES

- 4/3/2024 - Prayer Meeting - Prayer for the Churches in the Diocese of Lagos
- 9/3/2024 - Cathedral Women Lenten Retreat at the Fellowship Centre
- 10/3/2024 - Mothering Sunday Service
- 11/3/2024 - Bible Study 3 - Challenges of Faith (Heb. 10:23; 45-36) by Mrs. Kehinde Amode

### **Payment of Sacrifice**

#### **- Women's and Girls' Organisations**

May God bless and prosper you as you give monthly towards Women's work in the Diocese. Thank you for giving to the Lord. Kindly make cheques payable to Womens' & Girls' Organisations, Diocese of Lagos.

1867

Mar.29 The foundation Stone of the new Christ Church was laid by His Excellency, John Hawley Glover, afterwards Sir John, the Administrator of the colony of Lagos, in the presence of James A. Lamb (Minister), and Henry Doherty Esq. and John Ogunbunmi Esq. (Wardens)

1871

Mar.12 The first Ordination Service was held in the uncompleted Church by Bishop Samuel Ajayi Crowther. Three deacons, including his son Dandeson C. Crowther were ordained.

1906

March The conference of Anglican Bishops in Lagos passed a resolution for the inauguration of the Province of West Africa.

A constitution was adopted for the new Diocese, and Dr. Henry Carr. MA., B.C.L, the Inspector of Education in the colonial government was appointed the first Chancellor of the new Diocese.

## **NEEDS OF THE CATHEDRAL**

Donations are vital to the Cathedral's future, and your gift will make a difference.

Kindly donate towards the purchase of any of the items listed below. Thank you.

- i. HP Laser Jet Pro Printer @ N700,000
- ii. Risograph Printing Machine @ N6.5m
- iii. Toyota Coaster Bus @ N105m
- iv. Cisco 350X-24 MP Switch for CCTV cameras @ \$1500
- v. Transformer and Tape Guide for the Lift car in the Cathedral House @ \$3000
- vi. D-link Switch - DGS-1210-28P @ NGN230K
- vii. IP Camera @ NGN1,196,000
- viii. Two 5 Tons Standing Airconditioners @ N1,600,000 each
- xi. Two Television, model LG @ \$350
- x. Eight Television, model LG UQ7070 43" @ \$470
- xi Three Canon EOS 90D DSLR Camera with 18-135mm lens @ \$1,500

**OBAFUNKE AKINKUGBE GIFT SHOP** IS NOW OPENED. VISIT THE SHOP FOR YOUR BRANDED GIFT ITEMS, COFFEE AND SNACKS. THE SHOP OPENS DAILY EXCEPT ON MONDAYS. THANK YOU.

**SUNDAY 10/03/2024**

**FOURTH SUNDAY OF LENT**

**(mothering Sunday)**

Stewards on Duty: **Group B** Colour: **PURPLE**

**7.15 a.m. HOLY COMMUNION (SAID)**

Theme: **RESTORING GODLY VALUES**

**AT HOME:**

**The Role of Mothers**

Celebrant: **Revd. Olawole Faloye**

N.T. Reading: 2 Timothy 1: 1-6 **The Clergy**

Gospel: Matthew 14: 1-12 **Revd. Olawole Faloye**

Address: **Revd. Henry Mooh**

Prayer: **The Clergy**

*Thanksgiving at the Altar*

9.00 a.m. *There will be a meeting of The Koinonia*

## 9.15AM. CHORAL MATTINS Mothering Sunday Celebration

**Theme: RESTORING GODLY VALUE AT  
HOME:  
The Role of Mothers**

**Cantor: The Provost**  
Sermon: **Dr. (Mrs) Funmilayo Doherty**  
O.T.: Proverbs 31: 10-31 **Children's Church**  
N.T.: 2 Timothy 1: 1-6 **Children's Church**  
Prayers: **The Provost**  
**Thanksgiving at the Altar**

**after Mattins:**

- (i) *The Monthly General Meeting of the Cathedral Ladies Friendly Society will hold at the Lagos Anglican Diocesan Seminary.*
- (ii) *The Cathedral Women's Guild Auxiliary will meet at Eva Wakeman Hall, Cathedral House.*
- (iii) *The Monthly Meeting of the Cathedral Busy Bees Women's Society will hold at the Lagos Anglican Diocesan Seminary.*
- (iv) *The Cathedral Ladies Armour Bearer will meet at the Lagos Anglican Diocesan Seminary.*
- (v) *There will be a meeting of the Girls' Guild at the Lagos Anglican Diocesan Seminary.*

**11.00 a.m.- 1.00 p.m. Clinic**

**CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY**

## 11.15 a.m. HOLY COMMUNION (SAID)

**Theme: RESTORING GODLY VALUE AT  
HOME:  
The Role of Mothers**

Celebrant **Revd. Michael Nwigani**  
N.T. 2 Timothy 1: 1-6 **Cathedral Youth  
Fellowship**  
Gospel: **Matthew 14: 1-12 Revd. Henry Mooth**  
Address: **Ven. Uchenna Ubadinobi**  
Prayer: **Cathedral Youth Fellowship**  
**Thanksgiving at the Altar**

### WELCOME

A warm welcome to this and every worship in this Cathedral. Whether you have come from far or near, may you find real joy and inspiration in this service. We are very happy to see you and hope that you will come again.

### GENERAL NOTICES

**1. Vestry Meeting 2024:**

We thank God for the success of the Vestry Meeting held last Sunday. I appreciate the members of the Electoral Sub-Committee for a job well done. I bless the LORD for all those who took part. May the LORD continue to empower them all. At the end of the meeting the underlisted emerged as members of the Standing Committee for the year 2024.

**PEOPLES' WARDEN:**

- 1. **OPEAYE, Dapo Prince**

**STANDING COMMITTEE:**

- 1. **ABOABA, Iyabode Miss.**

2. **ADEOSUN**, Adejola Mr.
3. **AJAYI**, Olaoluwa Mr.
4. **AKINOLA**, Omotola Mrs.
5. **AMODE**, Kehinde Ololade Mrs.
6. **AWODEIN**, Ayodeji Mr.
7. **AWODEIN**, Olukemi Mrs
8. **BRODIE-MENDS**, Kweku Ayodeji Mr.
9. **IJANUSI** Olaseindemi Mr.
10. **KUBOYE**, Olusoji Olaolu Mr.

2. **Diocesan Healing and Charismatic Service** holds today at 4.00 p.m. Venue: The Cathedral Church of Christ, Marina, Lagos. Come and be blessed.
3. **Cathedral Women Lenten Retreat** holds on Saturday, 9th March, 2024 at 9.00 a.m. at the Fellowship Centre. Theme: "CONSECRATION, AN ESSENTIAL ROAD MAP FOR YOUR RESTORATION." (Romans 12: 1&2) Plan to attend.
4. **The Cathedral Guild of Stewards.**  
This is to inform the entire members of the Guild of the following forthcoming events/activities of The Guild.
  - (a) **The Corporate Worship and Oath** of Faithful and Devoted Service to the Cathedral Church of Christ will hold on Sunday, 10th March 2024 during Choral Mattins at 9:15am.
  - (b) **The Bi-Annual Training Session** for the Guild of Stewards is scheduled to hold on Saturday 16th March, 2024 at 10.00am. The Training will hold inside the Church.
  - (c) **EXCO Meeting** will hold on Sunday, 24th March 2024 at Eva Wakeman Hall, 2nd Floor Cathedral House at 9:30am.
  - (d) **The Annual General Meeting** will hold on Sunday, 31<sup>st</sup> March 2024 at Ayo Rosiji Hall, 1st Floor Cathedral House at 11:30am.
5. **Baptism at Eastertide**  
The Eastertide baptism for both infants and adults preparing for confirmation comes up on Easter **Sunday, 31st March, 2024**, during the 11.15 a.m. Holy Communion Service. All those who want to have their children baptised should please collect the baptismal form from Revd. Henry Mooh.  
ALL PARENTS, GOD PARENTS AND ADULTS TO BE BAPTISED ARE TO COME FOR A COUNSELLING SESSION AND REHEARSAL ON SATURDAY, 30TH MARCH 2024, AT 2.00 P.M.
6. **The Care Ministry:**  
The Care Ministry Monthly Fellowship will take place on **Tuesday, 12th March, 2024 at 11.00 a.m. at the Fellowship Centre.**
7. **The Elders' Fellowship:**  
The Elders' Monthly Fellowship will take place on **Thursday, 14th March, 2024 at 11.00 a.m. at the Ayo Rosiji Hall, Cathedral House.**
8. **Home Calls:**  
We announce the home call of the following:
  - (a) **Mrs. Margaret Olaitan Laniyan** at the age of 78 years. She died on Thursday, 22nd February, 2024. The Family can be visited at 29, Savannah Street, off Adetola Aguda, Surulere.  
  
*Thursday, 4th April, 2024*, Funeral Service here, at the Cathedral at 11.00 a.m.
  - (b) **Mrs Modupe Olabisi Wilson** at the age of 89 years. He died on Saturday, 24th February, 2024. The family can be visited at 9, Yisa, Ijegun, Lagos State.  
*Funeral arrangements are as follows:*  
**Thursday, 21st March, 2024** at 6.00 p.m. Christian Wake-keep.  
**Friday, 22nd March, 2024**, Funeral Service here, at the Cathedral at 11.00 a.m.
  - (c) **Architect Remi Akodu** at the age of 69 years. He died on Monday, 26th March, 2024. The Family can be visited at 61B Akinwale Shittu Street, Divine Hmes, Thomas Estate, Lekki.  
**Wednesday, 17th April, 2024** at 5.00 p.m. Christian Wake-keep.  
**Thursday, 18th April, 2024**, Funeral Service here, at the Cathedral at 11.00 a.m.
9. (a) **Fellowship Hour - Sunday 03/03/2024**  
**Mrs. Adepeju Dinyo** who hosts the Fellowship Hour after 7.15 a.m. Service in thanksgiving to God for her 60th birthday which comes up today, 3rd March, 2024. *God will continue to grant her good health, joy and happiness throughout the days of her life.*
- (b) **Fellowship Hour Booking: March 2024**

Sunday, 10/03/2024 -	Mrs. Enitan Olubunmi Babaniji for her 80th and 9.15 a.m. Services.	birthday on 6th March, 2024 after 7.15 a.m.
Sunday, 17/03/2024 -	Dr. (Mrs) Ore Awokoya for her birthday after	9.15 a.m. Service
Sunday, 24/03/2024 -	Amb. (Mrs) Olufolajimi Modupe Akintola	for her birthday on 23rd March, 2024 after
7.15	a.m. and 9.15 a.m. Services	

(c) Fellowship Hour - Parishioners who are not the main hosts of the Fellowship Hour but who wish to celebrate any event in their lives or who will like to simply contribute to the 'community spirit of the Cathedral are encouraged to do so by providing fruits, cakes, muffins, etc. Such parishioners should please contact Omoba Adegbola Ademola.

**(d) Advance Bookings - Fellowship Hour 2024**

The following dates are available for booking for *Fellowship Hour on the 2nd and 4th Sunday of 2024*. Please indicate your preferences on first come first served.

	7.15 a.m.	9.15 a.m
Sundays 14&28/4/2024	Vacant	Vacant
Sundays 12/5/2024	Vacant	Vacant
Sunday 26/5/2024	Booked	Vacant
Sunday 9/6/2024	Booked	Vacant
Sunday 23/6/2024	Booked	Booked
Sunday 14/7/2024	Booked	Booked
Sunday 28/7/2024	Vacant	Vacant
Sundays 11&25/8/2024	Vacant	Vacant
Sundays 8&22/9/2024	Vacant	Vacant
Sunday 13&27/10/2024	Vacant	Vacant
Sunday 10/11/2024	Booked	Booked
Sunday 24/11/2024	Vacant	Vacant
Sunday 8/12/2023	Vacant	Vacant
Sunday 22/12/2024	Booked	Booked



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**WELFARE SUB-COMMITTEE**

Parishioners should please inform either the Welfare Sub-Committee - Mrs. Ayo Shodipo-Olabode 0802 787 2516; Mr. Akin Martins - 0802 316 0305 or Mrs Mary Ojutiwon (Provost's Secretary) - Tel No. 08053322557 of any one that has not been present in the Church for some time (young or old) either due to illness or any other reason whatsoever and who needs to be given Communion at home.

**SOCIAL WELFARE SERVICE (SWSU)**

❖ *The SWSU Panel wishes through this medium, to appreciate all those who are helping the needy through the Unit (SWSU) in cash and kind. God Almighty will bless and enrich you more in Jesus name. Amen.*

**(a) Sponsorship:**

Our Social Welfare Service Unit is seeking sponsorship for the following. Part payments will be gratefully appreciated.

1. **A Serving Priest** in one of our Diocese is in need of N4,703,936.75 for immediate eye surgery.
2. **Miss Komolafe Busola Emmanuella (11 years)** needs the sum of N900,000 for her Secondary School Education at N50,000 per term.
3. **Mr. Bankole Emmanuel Olufemi (20 years)** needs the sum of N480,000 for his University Education at Tai Solarin University of Education for 4 years at N120,000 per session.

4. **Mr. Adegahi ThankGod Bright (21 years)** needs the sum of N759,200 for his University Education at Confluence University Science and Technology Kogi State for 4 years at N189,800 per session.
5. **Miss Jejelola Oluwabusolami (19 years)** needs the sum of N480,000 for her University Education at Obafemil Awolowo University, Ile Ife for 4 years at N120,00 per session.
6. **Miss Precious Adedamola Tayobo (16 years)** needs the sum of N900,000 for her University Education at Olabisi Onabanjo University for 4 years at N225,00 per session.
7. **Miss Adeosun Modinat Omolara (Visually Impaired) (21 years)** needs the sum of N480,000 for her University Education at Lagos State University for 4 years at N120,000
8. **Mr. Adeyemi Akeem (42 years)** Mr. Adeyemi needs the balance payment of N1,500,000, for his retina Eye Surgery.
9. **Mrs. Bimbo Durosimi-Etti (50 years)** needs the balance payment of N2,901,000 for a hip replacement surgery.

(b) The members of the Social Welfare Service Unit would appreciate the donation of fairly used clothes, shoes for both young and old, and also food items like Rice, Gari, Beans, Provisions, etc.

### **Theme for the year “FULL RESTORATION”**

**“I will restore to you the years that the swarming locust has eaten, the crawling locust, the consuming locust, and the chewing locust, My great army which I sent among you. You shall eat in plenty and be satisfied, and praise the name of the Lord your God, Who has dealt wondrously with you; and My people shall never be put to shame.”**

*- Joel 2: 25-26*

### **HYMN FOR THE YEAR**

**LEAVE GOD TO ORDER ALL THY WAYS**

**MHB 504 (Tune: Solid Rock/Sagina)**

1. **Leave God to order all thy ways,  
And hope in Him whate'er betide;  
Thou'lt find Him in the evil days  
Thy all-sufficient strength and guide;  
Who trusts in God's unchanging love  
Builds on the rock that naught can move.**
2. **Only thy restless heart keep still,  
And wait in cheerful hope, content  
To take whate'er His gracious will,  
His all-discerning love, hath sent;  
Nor doubt our inmost wants are known  
To Him who chose us for His own.**

**3. Sing, pray, and swerve not from His ways,  
 But do thine own part faithfully;  
 Trust his rich promises of grace,  
 So shall they be fulfilled in thee;  
 God never yet forsook at need  
 The soul that trusted Him indeed.**

**ATTENDANCE FOR LAST WEEK  
 SECOND SUNDAY OF LENT - 25/02/2024**

7.15 a.m. Holy Communion (Youtube 315/Facebook 176 views).... 230  
 9.15 a.m. Children's Church/Sunday School..... 138  
 9.15 a.n. Cathedral Youth Church..... 25  
 9.15 a.m Choral Mattins (Youtube 335/Facebook 240 views).....265

**Week-Day Services - Saturday - Friday**

	HC		HC
Saturday		Wednesday	
24/2/2024	13	28/2/2024	29
Monday		Thursday	
26/2/2024	16	29/2/2024	15
Tuesday		Friday	
27/2/2024	20	01/3/2024	21

**COMING EVENTS (MARCH 2024)**

- 8/3/2024 - *Diocesan Youth Glorious Night*
- 9/3/2024 - *Cathedral Medical Society outreach to Ogombo*
- 10/3/2024 - *Mothering Sunday Celebration*
- 24/3/2024 - *Palm Sunday Procession*
- 24/3/2024 - *72nd Anniversary - Cathedral Ladies Armour Bearers*





# **SOUL FOOD 09/2024**

## **POSITIONING OURSELVES FOR FULL RESTORATION**

### **(iii) Self Denial and Cross Bearing**

***“Then He said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.” - Luke 9:23***

This week’s meditation theme centres on the concepts of Self-denial and Cross-bearing as taught by Jesus Christ in the Synoptic Gospels. The goal is to explore how these practices can help us develop spiritually and enjoy more of God’s blessings. Although self-denial and cross-bearing are often thought of as two sides of the same coin, it is essential to define each concept separately to avoid confusion.

Self-denial for the Christian means renouncing oneself as the centre of existence and recognising Jesus Christ as one’s new and true centre. It means acknowledging that the old self is dead, and the new life is now hidden with Christ in God (see Colossians 3:3–5). It involves overcoming the persistent fleshly demands of the body, also known as the carnal self or the natural man and bringing them into submission to God’s Word so that we do not give in to sin. Scripture says: “And those who belong to Christ Jesus have crucified the flesh with its passions and desires” (Galatians 5:24).

On the flip side of the coin is Jesus’ command to take up one’s own cross. This has some fundamental similarities to self-denial in the sense that cross-bearing also involves going against the natural tendencies we might have. A cross is anything contrary to our will or our nature. While this is a companion to self-denial, it raises the bar in terms of what it requires of us. According to Luke, the cross represents someone others denounced for their actions, values, or identity in Jesus Christ and mainly consists of suffering to identify with Him. Philippians 1:29 states, “For it has been granted to you on behalf of Christ not only to believe in Him but also to suffer for Him.”

The story of Joseph in Genesis 39 is a powerful demonstration of self-denial and cross-bearing. Despite being far away from his home and holding a position of power in Potiphar’s household, Joseph faced a problematic moral test when Potiphar’s wife attempted to seduce him. In this trying moment, Joseph demonstrated his unwavering commitment to integrity and faithfulness, not just to his master Potiphar but to God. By resisting the temptation and choosing the path of self-denial, Joseph set an inspiring example for all of us. His story reminds us that true strength and character come not from yielding to temptation but standing firm in our convictions, even when the cost is high. “How then could I do such a wicked thing and sin against God?” (Genesis 39:9). His rejection of Mrs. Potiphar’s advances, despite the possible benefits of complying and the risks of refusal, highlights his fear of God over human judgment or desire.

While the practices of self-denial and cross-bearing might seem daunting, they offer profound benefits across various aspects of life. By embracing these disciplines, individuals can experience complete restoration. Joseph’s choice leads to false accusations from Potiphar’s wife and his subsequent imprisonment, showcasing the often complex and sacrificial path that self-denial can entail. However, his faithfulness and integrity are later rewarded, as his ability to interpret dreams leads him out of prison and to a position of power that enables him to save Egypt and his family from famine.

The Apostle Paul’s life and teachings are profound examples of self-denial and cross-bearing in the New Testament. In his letters, he frequently spoke about dying to the self and living for Christ. For instance, Galatians

2:20 states, "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Him."

Our Master, Jesus demonstrated self-denial and cross-bearing in His earthly life to leave us an example. The King of kings became the suffering servant of all, as prophesied in Isaiah 53. The Owner of the universe became a wretch to please His Father. He was hated, insulted, and persecuted for doing what was right. He said in John 15:20, "A servant is not greater than his master. If they persecuted me, they would persecute you".

Following Jesus and trusting Him for full restoration can be challenging, as He never promised an easy life for His followers. Instead, He warned us that we may face suffering for His sake. However, if we stay committed to Him until the end, we will gain eternal life and countless blessings. Losing our life for Christ's sake is gaining, something the world cannot comprehend. Jesus said in Matthew 16:25-26, "For those who try to save their life will lose it, but those who lose their life for My sake will find it. For what profit is it to a person if they gain the whole world but lose their own soul? Or what will a person give in exchange for their soul?" Therefore, following Christ should mean everything to us, and not even the threat of death can rob us of the glory that awaits us.

***Have a blessed week!***

***The one who serves among you,***



***Very Revd. Adebola Ojofeitimi, PhD***

***Provost***

Prince 'Dapo Opeaye.....People's Warden  
Mr. Adeyinka Shonekan.....Provost's Warden  
Mr. Adebola Adeosun - .....Master of the Music and Organist  
Rev. Michael Nwigani.....Children's Church  
Rev. Henry Mooh ..... Youth/Confirmation Class  
Rev. Olawole Faloye .....Correctional Centres Ministry/Elders' Fellowship  
Rev. Canon Kunle Dina .....Care Ministry  
Ven. Uchenna Ubadinobi.....Music, Altar Servers and Readers  
Ven. Henry Adelegan - .....SWSU  
Very Rev. Dr. Adebola Ojofeitimi -.....Harvest/Missions and Evangelism

**The Rt Revd. Ifedola Senasu Gabriel Okupevi, B.A. (Hons), M.A**  
**Diocesan Bishop of Lagos**

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