

7.15 a.m HOLYCOMMUNION Colour: GREEN

Theme: RECEIVING GOD'S GUIDANCE TO
POSSIBILITIES THROUGH

(i) Compelling Spirit

Celebrant: Revd. Olawole Faloye

Stewards on Duty: **Group A**

1. **Opening Hymn:** A&MRW 471 (*Tune: A&MRW 506 - Aurelia*)
2. **Introductory Sentence:** *"The Lord confides in those who fear him; He makes His covenant known to them."*
Psalm 25:4
3. **The Preparation** (Page 170)
4. **Collect for Purity and Gloria in Excelsis** (Page 171)
5. **Summary of the Law** (Page 172)
6. **Words of Comfort** (Page 175)
7. **Confession to Collect** (Pages 175-176)

8. **Collect:**
Almighty God, Who sent Your Holy Spirit to be the life and light of Your Church : open our hearts to the riches of His grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ our Lord. Amen.

9. **Epistle:** Acts 16: 6-10 - **Mrs. Ayo Sodipo-Olabode**
10. **Gradual Hymn:** A&MRW 262 (*Melcombe*)
11. **Gospel:** John 16: 5-16 **Revd. Olawole Faloye**
12. **Sermon: The Provost**
13. **Creed:** (Page 178)
14. **Intercession:**(Pages 183-184) **Ms. Alayo Ogunbiyi**
15. **The Peace** (page 186)
16. **Offertory Sentence:** *"Woe to him who says to wood, 'Come to life! or to lifeless stone, 'wake up!' can it give guidance? It is covered with gold and silver, there is no breath in it." Habakkuk 2:19*
17. **Offertory Hymn:** A&MRW 244 (*Song 1*)
18. **Preparation of Gifts to Eucharistic Prayer** (Pages 187-190)
19. **Breaking of Bread to Anthem:** (Pages 190-193)
20. **Prayer of Humble Access:** (Pages 193-194)
21. **Communion Sentence:** *"... when He, the spirit of truth, comes, He will guide You into all the truth..." John 16: 13*
22. **Administration:** (Page 194)
23. **Hymns during Administration:**
 - (i) A&MRW 422 (*Hyfrydol*)
 - (ii) A&MRW 423 (*Unde Et Memores*)
 - (iii) A&MRW 436 (*Tune: A&MRW 283 - Regent Square*)
 - (iv) A&MRW 452 (*Picardy*)
 - (v) A&MRW 455 (*Rockingham*)
 - (vi) A&MRW 632 (*Richmond*)
 - (vii) A&MRW 648 (*Neander Unser Herrscher*)
 - (viii) A&MRW 702 (*Mannheim*)
24. **Post Communion Hymn:** A&MRW 246 (*All for Jesus*)
25. **Post Communion Prayer:** *Keep, O Lord, Your Church, with your perpetual mercy; and because without You our human frailty cannot but fall, guide us ever by the help of Your spirit and lead us to all things profitable to our salvation; through Jesus Christ our Lord. Amen.*
26. **The Lord's Prayer to Thanksgiving Prayer** (Pages 195-196)
28. **Thanksgiving at the Altar:**
- Dr (Mrs) Abimbola Mabogunje on her appointment as a Permanent Secretary in Lagos State
- Family Harvest
29. **Notices:**
30. **Spiritual Tonic: Isaiah 43: 19**
31. **Benediction to Dismissal:** (Page 196)
32. **Withdrawal Hymn:** A&MRW 595 (*Slane*)
At the Organ: Mr. 'Jola Adeosun

9.15 A.M. CHORAL MATTINS

Cantor: Revd. Henry Mooh
Responses: Fela Sowande in A Major
Theme: **RECEIVING GOD'S GUIDANCE TO
POSSIBILITIES THROUGH
(ii) Compelling Spirit**

1. Processional Hymn: A&MRW 696 (*Wareham*)
2. Call to Worship:
3. Confession and Absolution
4. Venite: W. Crotch in G Major
5. Psalm: 73: W. Crotch in A Major & J. Turle in E Major
6. 1st Lesson: Nehemiah 9: 1-21 - Mr. Adewale Adefisan
7. Benedictus: John Goss in D Major
8. 2nd Lesson: Acts 16: 6-10 - Mr. Adewale Adefisan
9. Te Deum: Trent, Hawes & Aldrich in A Flat,
E Flat & A Flat Majors
10. Creed to 3rd Collect
11. Anthem: For the Beauty of the Earth - John Rutter
12. Hymn before Sermon: A&MRW 254 (*Tune A&MRW 22 -
Ellers*)
13. Sermon: Revd. Olusegun Lufadeju
14. Intercession: Revd. Henry Mooh
15. Hymn for Offering: A&MRW 632 (*Richmond*)
17. Thanksgiving at the Altar
- **Family Harvest**
18. Notices:
19. **Spiritual Tonic: Isaiah 43: 19**
20. Conclusion to Benediction
21. Final Amen:
22. Withdrawal Hymn: A&MRW 476 (*Tune A&MRW 179 -
Warrington*)

At the Organ: Mr. Samuel Ademola
Choral Conductor: Oluwatosin Ajayi

9.15 A.M. CATHEDRAL YOUTH CHURCH

- Conductor - Ven. Henry Adelegan
1. Opening Hymn: A&MRW 696 (*Wareham*)
 2. Call to Worship
 3. Praise and Worship
 4. Psalm: 73
 5. Bible Reading: Acts 16: 6-10
 6. Special Number
 7. Message: Ven. Henry Adelegan
 8. Creed, Collects and Intecession/Creed to Prayers
 9. Sunday Offering: Choruses
 10. Notices
 11. Prayer and Benediction
 12. Closing Hymn: A&MRW 476

9.15 A.M. CHILDREN'S CHURCH/SUNDAY SCHOOL

TOPIC: TRUST IN GOD (2)

Worship Leader: Aunty Taayo Adefeso

1. Choruses
2. Opening Hymn: - C.H. 19 (CS)
3. Bible Reading: Acts 12: 1-19
4. Creed to Prayers:
5. Hymn: - C.H. 128 (*Offering to be taken*)
6. Closing Prayer
7. Closing Hymn - from Pamphlet
8. Children go to their various classes

11.15 a.m. SUNG EUCHARIST

Theme: **RECEIVING GOD'S GUIDANCE TO
POSSIBILITIES THROUGH
(ii) Compelling Spirit**

Celebrant: Revd. Dr. Oluwaseun Adeyemi
Communion Setting: Sam Ojukwu in D

1. Hymn: A&MRW 260 (*Billing*)
2. Introit: **Sweet, Sweet Spirit - Doris Alkers (1962)**
3. Introductory Sentence: *"The Lord confides in those who fear him; He makes His covenant known to them." Psalm 25:4*
4. The Preparation (Page 170)
5. Collect for Purity and Gloria in Excelsis (Page 171)
6. Summary of the Law (Page 172)
7. Words of Comfort (Page 175)
8. Confession to Collect (Pages 175-176)
9. Collect:
Almighty God, Who sent Your Holy Spirit to be the life and light of Your Church : open our hearts to the riches of His grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ our Lord. Amen.
10. Epistle: Acts 16: 6-10 **Guild of Stewards on Duty**
11. Gradual Hymn: A&MRW 236 (*Carlisle*)
12. Gospel: John 16: 5-16 **Revd. Olawole Faloye**
13. Sermon: **Ven. Henry Adelegan**
14. Creed: (Page 178)
15. Intercession: (Pages 183-184) **Guild of Stewards on Duty**
16. The Peace (page 186)
17. Offertory Sentence: *"Woe to him who says to wood, 'Come to life! or to lifeless stone, 'wake up!' can it give guidance? It is covered with gold and silver, there is no breath in it." Habakkuk 2:19*
18. Offertory Hymn: A&MRW 436 (*Tune A&MRW 231 - Regent Square*) **(Please drop all your envelopes)**
19. Preparation of Gifts to Eucharistic Prayer (Pages 187-190)
20. Breaking of Bread to Anthem: (Pages 190 -193)
21. Prayer of Humble Access: (Pages 193 -194)
22. Communion Sentence: *"... when He, the spirit of truth, comes, He will guide You into all the truth..." John 16: 13*
23. Hymns during Administration:
 - (i) A&MRW 532 (*Lasst Uns Erfreuen*)
 - (ii) A&MRW 421 (*All for Jesus*)
 - (iii) A&MRW 447 (*Tune H.C. 444 - Beamaris*)
 - (iv) A&MRW 452 (*Picardy*)
 - (v) A&MRW 423 (*Unde Et Memores*)
 - (vi) A&MRW 238 (*Down Ampney*)
 - (vii) A&MRW 449 (*Moseley*)
 - (viii) A&MRW 422 (*Hyfrydol*)
24. Post Communion Hymn: A&MRW 258 (*Hereford*)
25. Post Communion Prayer: *Keep, O Lord, Your Church, with your perpetual mercy; and because without You our human frailty cannot but fall, guide us ever by the help of Your spirit and lead us to all things profitable to our salvation; through Jesus Christ our Lord. Amen.*
26. The Lord's Prayer to Thanksgiving Prayer (Pages 195-196)
29. Thanksgiving at the Altar:
30. Notices:
31. Spiritual Tonic: **Isaiah 43:19**
32. Benediction to Dismissal: (Page 196)
33. Final Amen: **Fela Sowande in A**
34. Withdrawal Hymn: A&MRW 476 (*Tune A&MRW 179 -Warrington*)
At the Organ: Oluwatosin Ajayi
Choral Conductor: Mr. Samuel Ademola

SUNDAY 23/07/2023

Day 204

Bible in a year: Job 9,10; Luke 16

Points for Prayer:

- ❖ The Rt. Revd. Felix U. Olorunfemi, Bishop of the Diocese of Etsako
- ❖ Mrs. Olorunfemi, President, Mothers' Union and Women's Guild, Diocese of Etsako.
- ❖ Mrs. Feyisola Oluwakemi Aderibigbe
- ❖ 12th Wedding Anniversary of Revd. Ekpemoriri and Mrs. Onozesemhe Abekhe.
- ❖ **The Church of the Province of Central Africa.**

❖ **Birthday Intercession:**

Engr. Olutunde Oladimeji Aromasodu, Mrs. Florence Olabintan, Mr. Isaac Olabintan, Miss Oyinade Adebimpe Oshin, Mrs. Bolanle Landrin, Miss Oluwatosin Oluwaseun Alabi, Miss Francesca Nneka Chukwu, Miss Onyinyechi Erundu, Mrs. Emily Wojuosola.

❖ **Wedding Anniversary Intercession:**

Mr. and Mrs. Oluwajide Ajomale, 6th Wedding Anniversary.

❖ **Memorial Intercession:**

- (i) Miss Augusta Ekpo, 18 years' mind.
- (ii) Mr. C. Enitan Brown, 33 years' mind.
- (iii) Mrs. Josephine Ibidunni Ilori (nee Doherty), 52 years' mind.
- (iv) Mrs. Gladys Abike Sodipo-Davies, 75 years' mind.
- (v) Mrs. Matilda Mobebe, 78 years' mind.

❖ **Family Intercession:**

Families of Mrs. Joy Esther Faji-Pratt, Late Mr. M.A. Adeyemi, Chief Egun Omoyele, Mr. Moses Ewemade Akenuwa, Mr. Fusi Akinkugbe, Dr. E.O. Akinsete, CPA, Dr. Osborne Olumide Phillips, CPA, Chief Engr. J.F. Obembe, Prince I.C.O. Omogbehin.

❖ **Prayer for Businesses**

Channels T.V., D.F. Group, Lington and Bernie Consulting Limited, Project Halo Korporate Concierge, Ashfield and Bowman Attorneys, Alban Consulting Limited, Urban Foods Industries Ltd, Verraki Partners, FAO Phillips & Associates, Alabaru Global Services Ltd, Funmi Tonia Enterprises, F. Tonia Nigeria Limited, Downen College Lagos, Downen Services Ltd, Ships & Ports Company, Quintus Projects Ltd, Lenox Heights Ltd, Purple Scents Ltd, Maritime Microfinance Bank, Holy Trinity Hospital, Gratis Properties Ltd., Sterling Health HMO, Sigma Hospital Ltd.

SUNDAY 23/07/2023 - MEETINGS

9.00 a.m. There will be a meeting of *The Koinonia*

After Mattins

- (i) *The Young Women's Christian Association* will meet at the Lagos Anglican Diocesan Seminary.
- (ii) *The Monthly General Meeting of the Cathedral Ladies Helpers' Union and the Youth Wing* will take place at the Lagos Anglican Diocesan Seminary.
- (iii) There will be a meeting of the *Girls' Guild* at the Lagos Anglican Diocesan Seminary.

11.00 a.m. - 1.00 p.m. Clinic

CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY

After 11.15 a.m.

Communion *The Statutory Meeting of the Standing Committee* will take place at the Chapter House.

5.00 p.m. COMMUNITY HYMN SINGING

HOST: FAMILY OF LATE VERY REVD. SAMUEL HUGH AKINSOPE JOHNSON, BD

ACTIVITIES FOR THE WEEK

MONDAY – 24/07/2023 **Colour: GREEN** **Day 205**

Bible in a year: Job 11,12; Luke 17

6.45a.m. *Holy Communion*

Celebrant: Revd. Olusegun Lufadeju

Epistle: Acts 13: 44-52

Gospel: Mark 4: 1-20

Points for Prayer

- ❖ *Bishop of the Diocese of Ndokwa.*
- ❖ *President, Mothers' Union and Women's Guild, Diocese of Ndokwa.*
- ❖ *The Revd. David Bankole Oke*
- ❖ *Mrs. Hope Ifeoma Onyenuwe*
- ❖ ***The Bishop of the Diocese of Southwestern Virginia, The Episcopal Church (Province 3)***

- ❖ ***Birthday Intercession:***
Mr. Ayodele Oluwole Senbanjo, Mrs. Mariam Preye Brodie-Mends, Mrs. Oluremi Okusanya, Mr. Michael I. Ezeike, Mr. Isaiah Babajide Olaomo, Mr. Benjamin Vincent, Mr. Promise Nchedo Madukasi, Mrs. Omobola Olatawura, Mrs. Theresa Eyamba Nzekwu.

- ❖ ***Memorial Intercession:***
(i) Mrs. Winifred Olubola Ekundayo, 11 years' mind.
(ii) Mrs. B. Titilola Tevebi-Morgan, 60 years' mind.

4.00 p.m. *Women Bible Class/Contemporary Issue - Self Esteem vs God Esteem by Mrs. Damola Adelegan*

TUESDAY -25/07/2023 **Colour: RED** **Day 205**

St. James the Apostle

Bible in a year: Job 13,14; Luke 18

6.45a.m. *Holy Communion*

Celebrant: Revd. Henry Mooh

Epistle: Acts 11: 27-12.2

Gospel: Mark 10: 35-45

Points for Prayer

- ❖ *The Rt. Revd. Dr. John Blessing A. Erifeta, Bishop of the Diocese of Sapele*
- ❖ *Mrs. Christianah Temianor Erifeta, President, Mothers' Union and Women's Guild, Diocese of Sapele.*
- ❖ *Mrs. Ifeoma Chinwe Ekwensi*
- ❖ *8th Wedding Anniversary of Revd. Chigozie and Barr. (Mrs) Chigozie Anaele.*
- ❖ ***The Bishop of the Diocese of West Virginia, The Episcopal Church (Province 3).***

- ❖ ***Birthday Intercession:***
Mrs. Elizabeth Fregene, Ms. Titilola Onize Balogun, Mrs. Mary Adeola Martins, Mr. Michael Olushayo Olumide, Mrs. Bukola Olajumoke Fagbohunbe, Mr. Samuel Nkemchukwu Ahamefula, Mr. Abimbola O. Biobaku, Miss Morolake Agidee Coker, Mrs. Vintha O. Nimmyel, Mr. Alexander Obasola George, Mr. Kayode Oseni, Mr. Folami Olufemi Alu, Mr. Oluwaseyi Obahiagbon, Master Victor Olaoluwa, Mr. Olasumbo Olabisi, Mrs. Taiwo Karunwi, Mr. Temileyin Ahmed-Lawal, Miss Success Ogunlaja, Dr. Remilekun Mohammed, Master Chibuke Samuel Idamkue, Master Ayomikun Oladipo Adisa.

- ❖ ***Wedding Anniversary Intercession:***
Engr. Chukwudi and Mrs. Gracious Mefo, 3rd Wedding Anniversary

- ❖ ***Memorial Intercession:***
(i) Mrs. Oyeyemi Abike Borisade, 1 year's mind.
(i) Mr. Christopher Olanrewaju Yesufu, 4 years' mind.
(ii) Mrs. Favour Yawa Egbe, 8 years' mind.
(iii) Chief Micah Kojo Amihere, 14 years' mind.
(iv) Ambassador Nathaniel Adepehin Martins, 25 years' mind.

6.45 a.m. Altar Call: Family of late Mrs. Oyeyemi Abike Borisade, 1 year's mind.

WEDNESDAY – 26/07/2023 Colour: GREEN

Day 207

Bible in a year: Job 15-17; Psalm 83,84

6.45 a.m. Holy Communion

Celebrant: **The Provost**

Epistle: Acts 14: 19-28

Gospel: Mark 4: 35-41

Points for Prayer

- ❖ Minister of Health
- ❖ 20th Wedding Anniversary of Ven. Adebayo and Mrs. Oredolapo Ajayi
- ❖ Mrs. Bolanle Popoola
- ❖ **The Bishop of the Diocese of Waiapu, The Anglican Church in Aotearoa, New Zealand and Polynesia (Pakeha Tikanga)**

- ❖ **Birthday Intercession:**
Dr. Patricia Tolulope Williams, Lieut. (Mr.) Paul P. Nimmyel, Mr. Oluwaseun Majekodunmi, Mr. Kingsley Sopuruchukwu Umeobi, Mr. Fiyinfoluwa Samuel Mehinsan, Master Ikenna Anaba, Mr. Feyisayo Agagu, Mr. Chijioke Arinzechukwu Onyeagba.

- ❖ **Wedding Anniversary Intercession:**
Dr. Chief & Chief Mrs. S. O. Ajomo, 53rd Wedding Anniversary.

5.00 p.m. Prayer Meeting

THURSDAY – 27/07/2023 Colour: GREEN Day 208

Bible in a year: Job 18,19; Luke 19

6.45 a.m. Holy Communion

Celebrant: **Revd. Dr. Oluwaseun Adeyemi**

Epistle: Acts 15: 1-11

Gospel: Mark 5: 1-20

Points for Prayer

- ❖ Minister of Women's Affair
- ❖ Mrs. Tolu Obajimi, Organist and Master of Music Emeritus.
- ❖ **The Bishop of the Diocese of Waikato and Taranaki, The Anglican Church in Aotearoa, New Zealand and Polynesia (Pakeha Tikanga).**

- ❖ **Birthday Intercession:**
Mr. Bamidele Ojo-Osagie, Mrs. Fine Josephine Ihejirika, Mr. Alaba Alakija, Master Ikechi Ofoegbu, Miss Adebukola Adeseye, Miss Nwamaka Chinwe Obikwelu, Mr. Adebowale Ademola-Thomas, Mr. Solape Olamilekan Aina, Mr. Eugene Uche Iheeke, Miss Grace Chicheta, Mr. Stowell O. Israel-Cookey, Miss Olamipo Abudu, Mr. Oladayo Adewunmi, Miss Amara Alintah, Mr. Christopher Igbozwiki, Mr. Afolabi Olufemi Kuti, Mrs. Oluwatoyosi Oluwatosin Kuti, Mrs. Peace Pepple, Mr. David Chuks Essien, Miss Patricia Tolu-Ajayi, Miss Heritage Chidera Mooh.

- ❖ **Wedding Anniversary Intercession:**
Mr & Mrs. Tolulope Adeyemi, 4th Wedding Anniversary.

- ❖ **Memorial Intercession:**
 - (i) Mrs. Lucinda Egun Ososami (nee Jones) 4 years' mind
 - (ii) Madam Esther Ibidunni Doherty, 16 years' mind.
 - (iii) Mrs. Sarah Eno Ogbomo, 31 years' mind
 - (iv) Mr. J. B. Daramola, 46 years' mind
 - (v) Mr. Samuel Jagun Modupe-Davies, 65 years' mind.

6.00 p.m. Choir Practice

FRIDAY -28/07/2023

Colour: GREEN

Day 209

Bible in a year: Job 20,21; Luke 20

6.45 a.m. Celebrant: Revd. Canon Emmanuel Fadipe

Epistle: Acts 18: 12-21

Gospel: Mark 5: 21-43

Points for Prayer

- ❖ *Minister of Niger Delta.*
- ❖ *The Revd. Luke Oluwasegun Adebowale Sholumade*
- ❖ *16th Wedding Anniversary of Revd. Chinweuba and Mrs, Ozioma Chukwu.*
- ❖ **The Bishop of the Diocese of Wandí, The Province of the Episcopal Church of South Sudan (Amadi Province).**

- ❖ **Birthday Intercession for:**
Dr. Osborne Olumide Phillips, CPA, Mr. Olatunji Omoniyi Oni, Mr. Chukuka Sylvia Osaji-Ugo, Mr. Oluyinka Aboaba, Master Ansell Edegware-Eweme, Miss Funmilayo Aramide Olonade, Mrs. Anne Ibidunni Martins, Mrs. Oluwakemi Victoria Iyama, Miss Nkechi Iyama, Miss Mercy Abattam, Miss Oluwaseun Hannah Abiodun, Miss Victoria Olayinka Babaniji, Capt. Olusegun Otenigbagbe, Mrs. Juliet Chinelo S. Peters.

- ❖ **Wedding Anniversary Intercession:**
Mr & Mrs. Bisi Lawrence

- ❖ **Memorial Intercession:**
 - (i) *Mr. Samuel Oluwatoyin Abayomi Layeni, 6 years' mind*
 - (ii) *Mrs. Elfrida Mabel Modupe Cole, MBE, MON, 43 years' mind.*

5.00 p.m. Men's Bible Study

SATURDAY -29/07/2023

Colour: GREEN

Day 210

Bible in a year: Job 22,23; Psalm 85

7.45a.m. Holy Communion

Celebrant: Revd. Olawole Faloye

Epistle: Acts 15: 22-35

Gospel: Mark 1: 1-13

Points for Prayer:

- ❖ *Minister of Information and Culture.*
- ❖ *Mrs. Adesola Olufunke Oloniran.*
- ❖ *Mrs. Chioma Dikeocha*
- ❖ **The Bishop of the Diocese of Matabeleland (Central Africa)**

- ❖ **Birthday Intercession:**
Mrs. Imohu Theresa Okoli(90), Olori Olubukunola Adedoyin Adewunmi, Mr. Eniola Runsewe Amusu, Miss Oluyemisi Sowemimo, Mr. Oreoluwa Adebayo, Mr. Mobolaji Balogun, Mrs. Anita Iretiola Weaver(nee Modupe-Davies), Miss Morounkeji Abisogun, Mr. Oyomevotu Motunrayo Obada, Mr. Anthony A. Agienoje, Mr. Adegboyega Olusegun Osota, Mrs. Oluyemisi Bakare, Dr. Chinedu Idike, Prof. (Mrs) Bruce Izeokhai Ovbiagele, Mr. Akintokunbo Oladipupo Williams.

- ❖ **Wedding Anniversary Intercession:**
 - (i) *Ven. and Mrs. Kingsley Agu, 23rd Wedding Anniversary.*
 - (ii) *Mr. Frederick Azubike & Mrs. Karem Denise Mbanefo, 34th Wedding Anniversary.*

- ❖ **Memorial Intercession for:**
 - (i) *Mr. David Abiodun Ejemai, 4 years' mind.*
 - (ii) *Madam Cecilia Abumere, 20 years' mind.*

12.00 noon 90th Birthday Thanksgiving Service for Mama Imohu Theresa Okoli

Bible Study Outline

**THEME: GOD'S CHILDREN AS PILGRIMS TO THE HEAVENLY KINGDOM:
MANIFESTATION OF GOD'S REIGN ON EARTH**

SUB-THEME: Manifesting Spiritual fruits 3

TOPIC: Peace

TEXT: Rom 5:1-5

AIMS:

- i. to differentiate between having peace and being a peace-maker*
- ii. to discuss how to have internal peace in a world of wars and challenges.*

INTRODUCTION

In Study 12 of this year's outline, we studied peace-making as one of the life-style of the Christian on the journey to the kingdom of God. Moreover, our study today will focus on Peace as a spiritual fruit to be seen in any Christian on the path of God's kingdom. Peace is the freedom from disturbance and warfare. It is a state of tranquillity. One can possess the ability to make peace with people without having peace in their own lives. Therefore, this study will focus more on how Christians can be at peace within themselves in a world filled with warfare.

STUDY GUIDE

1. Differentiate between a peace-maker and having peace with reference to Exod 2:13-15; Isa 32:17; Rom 5:1.
2. What is the role of Faith in having internal peace? Gal 3:28; Eph 2:13-15; Col 1:20.
3. Mention some of the challenges that can steal our peace as Christians. Rom 8:35,38.
4. Analyse the various stages to having peace through Faith in Jesus Christ- Rom 5:2-5; Col 1:20-22.

CONCLUSION: The world is filled with warfare; ranging from ethnic, economic and religious conflicts. Our ability to focus on Christ and hold firmly to our faith will give us internal comfort that generates joy from the heart. This is peace.

FOOD FOR THOUGHT: In Christ alone is our Peace.

MEMORY VERSE: Joh 16:33 "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world".

SPIRITUAL TONIC FOR THE WEEK

ISAIAH 43: 19

“Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

My God and my Father, I thank You for Your work which cannot be hindered. Because You are at work in my life, I can see everything becoming new for me and so I decree newness over my health, my marriage, my work and the entirety of my life – physical and spiritual. In the wilderness of life make a way for me, give me water to quench my thirst and lead me safely to my own land flowing with milk and honey; through Jesus Christ our Lord. Amen



ANGLICANISM FAST FACTS

39 ARTICLES OF RELIGION

ARTICLE XXXIV

34. The Customs of the Church

It is not necessary that customs and forms of worship be exactly the same everywhere. Throughout history they have differed. They may be altered according to the differing nations, times, and habits of people provided that nothing is commanded contrary to God's Word. Whoever by his own private judgment openly, willingly, and deliberately breaks those customs and forms of worship of the church which do not contradict the Word of God and are approved by common authority, is to be openly rebuked. This is so that others will be afraid to act similarly, and in so doing offend against the common order of the church, to undermine the authority of the state's representative and to wound the consciences of weak Christians. Every particular or national church has authority to command, change, or abolish the ceremonies or forms of worship of the church which are appointed by man's authority provided that every thing is done for the building up of Christian people.

FAMILY HARVEST 2023 (WK 2)

Sunday, 23rd July, 2023

The following families will be called to the altar today.

1. Mr & Dr. (Mrs) Modupe and Folorunsho
Alakija, CPA
2. Family of late Prof. Mrs. Grace Alele-Williams
3. The Doherty Family
4. Family of Late Admiral Soroh
5. Dr. J.A. Akindele
6. Ms Yewande Cole
7. Amb. Modupe Akintola

8. Family of Late Otunba Afolabi Alu
9. Family of Late Mrs. M. Aluko
10. Mr & Mrs. Eyimofe Atake, SAN
11. C.A. Authe and Family
12. Mr. S.A. Bailey
13. Family of Late Dr. Bankole Martins
14. Mr. Gbenga Bello
15. Mr. Bode Boardman
16. Chief & Chief Mrs Sam. Bolarinde Family
17. Arch. & Mrs. David Majekodunmi
18. Family of Late Engr. Layi Ajayi-Bembe
19. Family of Late Mr Olubunmi Jenkins Coker
20. Family of Late Dr. & Mrs. Dayo Akinrele
21. Towry-Coker
22. Prof. and Mrs. Akinyanju
23. Mrs. Funmilayo Benson
24. Mrs. Yetunde Cole
25. Mr. Jide Derby
26. Arc. & Mrs Chima Chijioke
27. The Amure Family
28. Mrs. Mosun Atigbi
29. Family of Late Engr. Tunji Babaniji
30. Late Banjoko Family
31. Family of Late Bankole Oki
32. Family of Late Mr. Benjamin Opara
33. Family of Late Mr. Richard Gbadebo Onafeko
34. Mrs. Bamidele Olubimpe Abiola

May the good LORD continue to enlarge the coast of our families.

FAMILY HARVEST 2023 (WK 3)

Sunday, 30th July, 2023

The following families will be called to the altar

1. Family of Late Dan 'Saaki (Col.) Samuel Adeleye Agbede
2. Dr. & Prof. (Mrs) Damola Da-Costa Family
3. Gen. Theophilus Danjuma Family

4. Family of Late Chief B.I.D. Ezeogu
5. Mr. A.M. Samuel Family
6. Mr. J.B. Daramola and Family
7. Family of Late Chief S.A.
Durojaiye, CPA
8. Family of Late Mrs. Nike Marinho
9. Mr. D.A. Edobor Family
10. Chief D.C. Egere Family
11. Family of Late Mr. David Ejemai
12. Family of Late Dr. Alex Ekwueme
13. Akenuwa Family
14. Dr. Bode and Mrs. Yemisi Oyewole
and Family
Curtis Adeniyi Campbell Family
16. Mrs. Femi Laguda Family
17. Mr. & Mrs Martins Obinna Anekwe

May the good LORD continue to enlarge the families.

FAMILY HARVEST 2023 (WK 4)

Sunday, 6th August, 2023

The following families will be called to the altar.

1. Family of Engr. J.F. Obembe
2. Family of Late Mr. & Mrs S.O. Wey GCON
CPA
3. Family of Chief Ebun Omoyele
4. Late HRH (Engr.) Adebayo Idowu Onadeko
5. Family of Otunba & Yeye Fajemirokun
6. Gbemi & Olasupo Shasore, SAN
7. Revd. J.P. Adebayo Adeyemi-Cole
8. The Pearce-Maja Family

9. Professor G.O.A. Sowemimo and Family
10. Family of Late Lady Ayo Alakija
11. The Fetuga Family
12. Laolu Taiwo and Family
13. The Otuyalo Family
14. Late Chief & Mrs. T.O. Balogun Family
15. The Obikwelu Family
16. Chief Lanre Ladipo and Family
17. Family of Late Mrs. Nancy Adebisi Akande
18. Dolphine Esere Family
19. Family of Mr. George Etomi
20. Family of Late Mrs. V.M. Farri
21. Family of Late Chief S.O. Fadahunsi
22. Ms S.O. Gbinigie & Family
23. Family of Dr. O. Gbonegun
24. Family of George Obasola
25. Family of Late Engr. V.A. Haffner,CPA
26. Family of Chief Fagbohunbe,SAN
27. Family of J.C. Ayanele
28. Family of Engr. Ajoka.
29. Mrs. Mosun Fayemi (nee Ogutuga)
30. Family of Chief Reggie Uduhiri
31. Pearce-Dawodu Family
32. G. Veronica Onwuchekwa Family
33. Mrs. Bolanle Adeniyi
34. Bamidele Ojo-Osagie Family

May the good LORD continue to enlarge the coast of our families.

FAMILY HARVEST 2023 (WK 5)
Sunday, 20th August, 2023

The following families will be called to the altar.

1. Otunba D. B. O. Ogutuga & Family
2. Mr. & Mrs Deji Awodein
3. Late Engr Chief Leonard Adeniyi-Williams
4. Family of Late Omooba Francis Adetola
Adewunmi,CPA
5. Family of Late Chief P.A.F. Ojemuyiwa
6. Family of Late Dr. A.E. Amabibi
7. Chief Olu Falomo,CPA and Family
8. Mrs. C.O. Ibirogba and Family

9. The Ibru and Family
10. Mrs. Modupe Sowemimo-Coker and Family
11. Amb. O.O. Fafowora, CPA and Family
12. Mrs. E.O. Oyedele and Family
13. Family of Late Pa Alfred Abraham Adewoyin
Gooding
14. Family of late Pa John Alabi Oyebo
15. Family of Late Mrs. Georgietta Kofoworola
Oyebo
16. Family of Late Mrs. Catherine Aderemi
Gooding-King
17. Family of Late Yeyeoba Edith Adenike Ola-
Vincent
18. Family of Late Mr. Victor Ekundayo Babatunde
Gooding
19. Mrs. Funmilayo Pereira and Family
20. Revd. Olukayode Oyebo and Family
21. The Ajilo and Family
22. Mr. Temitope Adegboyega Alao and Family
23. Sir Dr. Agbaike and Family
24. The Otubanjo and Family
25. The Owolabi and Family
26. Arc Remi Akodu and Family
27. Mr. Emmanuel Iyama and Family
28. Family of Late Engr. George Adegboyega
Martins
29. Mrs. Onigbanjo and Family

May the good LORD continue to enlarge the coast of our families.

TITHE:

Remember to pay your Tithe*

(into Cathedral Zenith Bank Account Number)

1013180620

(The tithe is a tenth of all our increase)

'You shall tithe all the yield of your seed that comes from the field, year by year' Deut. 14:22.

SUSTENTATION

Please pay your Sustentation/Church Dues (for the
upkeep of the Church to: First Bank: **2000519164**

(Kindly indicate the following: Name & Sustentation No)

157, BAMBOSE BUILDING PROJECT

Please pay all donations toward the project into Cathedral Access Bank Account Number: **0773948851**

(I Chronicles 29:14)

PAYMENT INTO CHURCH'S ACCOUNTS

"Honour the LORD with your possession... so your barns will be filled with plenty". Proverbs 3: 9&10.
Your kind and generous donations to the Cathedral will be highly appreciated. Below are the Church's Bank Accounts.

No	PURPOSE	BANK	ACCT NO
1.	Social Welfare Service Unit	Polaris Bank	1770128010
2.	Cathedral Clinic	First Bank	2000514561
3.	Donations/Sunday Collection/Thankoffering	GT Bank	0124088211
4.	Offertory/Communion Basket	UBA	1017498994
5.	Sustentation	First Bank	2000519164
6.	Family Harvest/Harvest Donatons	FCMB	0130543010
		Union Bank	0071028724

You can also visit the Cathedral website www.thecathedrallagos.org to make your donations.
GOD WILL COUNTENANCE YOUR SACRIFICE



FOR YOUR OFFERINGS AND OTHER
DONATIONS. GOD BLESS YOU.

WOMEN'S CORNER

NOTICES

- 24/7/2023 - Contemporary Issue - Self Esteem vs God Esteem by **Mrs. Damola Adelegan**
- 25/7/2023 - Contemporary Issue - Conflict - Resolution Strategies
- 31/7/2023 - Visitation

Payment of Sacrifice

- Women's and Girls' Organisations

May God bless and prosper you as you give monthly towards Women's work in the Diocese. Thank you for giving to the Lord. Kindly make cheques payable to Womens' & Girls' Organisations, Diocese of Lagos.

THIS MONTH IN THE HISTORY OF THE CATHEDRAL - JULY

- By Church History Sub-Committee

2016

July 24 Rt. Revd. Akinpelu Johnson was consecrated Bishop of Lagos Mainland Diocese, and enthroned on 24th August at the Cathedral of St Jude, Ebute Meta.

July 31 Send-forth for Rt. Revd. Akinpelu Johnson

2018

July 29 70th Birthday and Retirement Service for Most Revd. Dr. E. Adebola Ademowo, Ph.D, OON, FNAL, the Diocesan Bishop of Lagos and Dean Emeritus Church of Nigeria Anglican Communion was held at the Cathedral.

July 30 Enthronement of Right Revd. Dr. Humphrey Bamisebi Olumakaiye, Ph.D as the 8th Bishop of Lagos.

2020

July 12 Launching of the 2020 Harvest Season was held virtually, i.e. online as a result of the restriction on physical worship due to the Covid-19 pandemic.

NEEDS OF THE CATHEDRAL

Donations are vital to the Cathedral's future, and your gift will make a difference.

Kindly donate towards the purchase of any of the items listed below. Thank you.

(i) A server for the Cathedral Microsoft Active Domain Controller and Associated server license = \$3,200 or N2.4m

(ii) iMac with Retina 4.5k Display/Apple M1 Chip/ 8 Core CPU/ 8-Core CPU/256GB = N1,500,000

(iii) Five 1.5 hp Airconditioners @ N180,000 each

(iv) Two 2 hp Airconditioners @ N270,000 each

OBAFUNKE AKINKUGBE GIFT SHOP IS NOW OPENED. VISIT THE SHOP FOR YOUR BRANDED GIFT ITEMS, COFFEE AND SNACKS. THE SHOP OPENS DAILY EXCEPT ON MONDAYS. THANK YOU.

SUNDAY 30/07/2023

EIGHT SUNDAY AFTER TRINITY

(Pentecost 9)

Stewards on Duty: **Group B** Colour: **GREEN**

7.15 a.m. HOLY COMMUNION (SAID)

Theme: **RECEIVING GOD'S GUIDANCE TO POSSIBILITIES THROUGH**

(iii) Commanding Scriptures

Celebrant: **Revd. Olawole Faloye**

Epistle: **Hebrews 4: 1-12 Engr. Lolade**

Yahaya

Gospel: **Matthew 7: 24-29 Revd. Olawole**

Faloye

Address: **Revd. Olusegun Lufadeju**

Prayers: **Mrs. Batara Yahaya**

Thanksgiving at the Altar

9.00 a.m. *There will be a meeting of the Koinonia.*

09.15 a.m. CHORAL MATTINS

Theme: **RECEIVING GOD'S GUIDANCE TO POSSIBILITIES THROUGH
(iii) Commanding Scriptures**

Cantor: **Revd. Dr. Oluwaseun Adeyemi**

Sermon: **Canon Residentiary**

OT. **Jeremiah 1: 1-19 Mrs. Akinwunmi**

Dongo

N.T. **Hebrews 4: 1-12 Mrs. Esther Asubiaro-
Adewuyi**

Prayers **Revd. Dr. Oluwaseun Adeyemi**

Thanksgiving at the Altar

11.00 a.m. - 1.00 p.m. Clinic

CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY.

11.15 a.m. SUNG EUCHARIST

Theme: **RECEIVING GOD'S GUIDANCE TO POSSIBILITIES THROUGH
(iii) Commanding Scriptures**

Celebrant: **Ven. Henry Adelegan**

Epistle: **Hebrews 4: 1-12 Guild of Stewards
on Duty**

Gospel: **Matthew 7: 24-29 Revd. Olawole
Faloye**

Sermon: **Revd. Henry Mooh**

Prayers: **Guild of Stewards on Duty**

WELCOME

A warm welcome to this and every worship in this Cathedral. Whether you have come from far or near, may you find real joy and inspiration in this service. We are very happy to see you and hope that you will come again.

GENERAL NOTICES

1. **2023 Clergy Welfare Week:**

This annual exercise in support of the House of Clergy holds from **Sunday, 9th July 2023 to Sunday, 23rd July 2023**. While thanking you for the past, we solicit your unwavering support this year. Kindly issue cheques in favour of "**Clergy Welfare of Lagos Anglican Diocese**" or do an online transfer to - "**First Bank- 3093480027**". For any transfer made, kindly oblige the Provost with a copy of the receipt.

We shall take special donations on the **16th and 23rd of July 2023**. Thank you.

2. **Vacation:**

The Provost will proceed on the first part of his annual vacation from **Monday, 24th July to Thursday, 3rd August, 2023**.

3. **The Cathedral Choir on Trinity Vacation**

We welcome the choir of **Anglican Church on the Peninsula, V.G.C.** who are in the Cathedral Choir Stalls today. We thank them for coming and pray that God will continue to bless their service.

4. **The Cathedral Church of Christ Choir** present a Rendition of Psalms and Evensong on Sunday, 30th July, 2023 at 4:00 pm. A joint performance of Psalms featuring:

- **St. Andrew's Church Choir, GRA, Apapa,**
- **Anglican Church of Ascension Choir, Ejigbo,**
- **Good Shepherd Anglican Church, Marine-Beach, Apapa**

5. **Children's Treat** comes up on **Saturday, 5th August, 2023 at 10.00 a.m.** at the Seminary Grounds. Tickets are sold at the Children's Church only at **N500.00 per child and N1,000 per adult**. It promises to be exciting for the children. Tickets **will not** be sold at the venue and **strictly only for Cathedral Sunday School Children**.

6. Family Harvest 2023

This is to notify all parishioners that the Family Harvest for 2023 will commence on Sunday the 16th of July 2023 and will run through to the 30th of October. Please find below the dates for the

July: 16th 23rd 30th
August: 6th 20th 27th
September 10th 17th 24th
October 8th 15th 22nd 29th

Kindly visit the membership office or desk provided by the membership office to verify the dates allotted to your family so as to enable you make changes to more suitable dates if need be or identify any omission of your family's name. Envelopes will be available from the 3rd of July. Family Harvest Sub-Committee members: - **Mrs. Esther Asubiaro-Adewuyi 08032985511, Miss Iyabo Aboaba- 08033022587, Olatunji Jolayemi, Miss Oluwatoyin Henshaw, Miss Eyiemi Meadows.** Please come forward and give thanks to the Almighty as one family. May the good Lord bless you.

7. Cathedral Dues:

The sustentation list from **January - June** is ready and is placed at all the Church entrance doors. Please check to ensure your name, duplex number and the amount contributed.

8. Home Calls:

We announce the home call of the following:

- (a) **Mr. Hugh Oluwole Shogbola** on Tuesday, 18th July, 2023. He was 92 years. The family can be visited at 68 Foresythe Street, Lafaji, Lagos. *Funeral arrangements are as follows:*
Wednesday, 2nd August, 2023 at 5.00 p.m. Christian Wake-keep at The Bell Event Centre.
Thursday, 3rd August, 2023 at 11.00 a.m. Funeral Service here, at the Cathedral.
- (b) **Mrs. Feyisitan Idowu Makinwa** on Thursday, 20th July, 2023. She was 90 years. She was a member of Cathedral Ladies Armour Bearers. *Funeral arrangements will be announced later.*

May their gentle souls rest in perfect peace.

9. Mid-Week Fellowship and Love Feast:

Are you celebrating your birthday or any joyous occasion in your family or remembering a loved one? Think of sharing your joys with the less privileged, who can give you nothing in return, but are being led to Christ by us. Sponsor a Wednesday afternoon.

Cost is N100,000 per Wednesday. You can pay part of an afternoon's cost. See Omoba Ademola or the Parish Clerk during the week. Thank you and God bless.

10.(a) Fellowship Hour - Sunday 23/7/2023

Vacant after 7.15 a.m. Service

We thank **Mrs. Juliet Okubadejo** who hosts the Fellowship Hour after 9.15 a.m. Service for her 70th Birthday which was mark on Friday, 21st July, 2023. *God will continue to grant her good health, joy and happiness throughout the days of her life.*

(b) Fellowship Hour Booking: July - September, 2023

Sunday, 13/8/2023 - Vacant after 7.15 a.m. and 9.15 a.m. Services
Sunday, 27/8/2023 - Vacant after 7.15 a.m. and 9.15 a.m. Services
Sunday, 10/9/2023 - Vacant after 7.15 a.m. and 9.15 a.m. Services
Sunday, 24/9/2023 - Vacant after 7.15 a.m. and 9.15 a.m. Services
Sunday, 8/10/2023 - **Miss Akunna and Miss Christiana Akagha** for their Birthdays on October, 2023 after 7.15 a.m. and 9.15 a.m. Services
Sunday, 22/10/2023- **Mrs. Aronke Nylander** for her Birthday which comes up Friday, 20th October, 2023 after 7.15 a.m. and 9.15 a.m. Services

- (c) Fellowship Hour - Parishioners who are not the main hosts of the Fellowship Hour but who wish to celebrate any events in their lives or who will like to simply contribute to the 'community spirit of the Cathedral are encouraged to do so by providing fruits, cakes, muffins, etc. Such parishioners should please contact Omoba Adegbola Ademola.

(d) Advance Bookings - Fellowship Hour 2023

The following dates are available for booking for **Fellowship Hour on the 2nd and 4th Sunday of 2023.** Please indicate your preferences on first come first served.

		7.15 a.m.	9.15 a.m
Sunday	12/11/2023	Booked	Booked
Sunday	26/11/2023	Vacant	Vacant
Sunday	10/12/2023	Vacant	Vacant
Sunday	24/12/2023	Booked	Booked



SCAN THIS FROM YOUR
BANK MOBILE APP

WELFARE SUB-COMMITTEE

Parishioners should please inform either the Welfare Sub-Committee - Mrs. Ayo Shodipo-Olabode 0802 787 2516; Mr. Akin Martins - 0802 316 0305 or Mrs Mary Ojutiwon (Provost's Secretary) - Tel No. 08053322557 of any one that has not been present in the Church for some time (young or old) either due to illness or any other reason whatsoever and who needs to be given Communion at home.

SOCIAL WELFARE SERVICE UNIT (SWSU)

- ❖ *The SWSU Panel wishes through this medium, to appreciate all those who are helping the needy through the Unit (SWSU) in cash and kind. God Almighty will bless and enrich you more in Jesus name. Amen.*
- (a) **Sponsorship:**
Our Social Welfare Service Unit is seeking sponsorship for the following. Part payments will be gratefully appreciated.
1. **Akintade Aderonke Victoria (13 yrs)** need the sum of N3.6 million for a corrective surgery of a hole in the heart.
 2. **Adereti Esther Oluwatimilehin (19 years)** needs the sum of N1,083,995 for her University Education. She got an admission into Lagos State University for 5 years at N216,799 per session.
 3. **Mr. Jimoh Aleem** a secondary School student needs a sum of N900,000 for a 6 years level of education at N50,000 per term.
 4. **Imafidon Aduragbemi Ajodamen (19 years)** needs the sum of N600,000 for her University Education. She got an admission into the Ambrose Ali University, Ekpoma, Edo State for 4 years at N150,000 per session.
 5. **Mr. Jerry Shanu Samson (38 years)** A visually impaired Student of Vocational Training Centre Oshodi needs the sum of N420,000 per 2 years at N210,000 per session.
 6. **Mrs. Oluwamayotutu Otakoya (68 years)** lost her right leg due to wrong blood transfusion. She needs the sum of N1.5 million to carry out surgery.
 7. **Miss Azeezat Atoloye (18 years)**: A student of Kwara State University, studying English Language, needs the sum of N480,000 for 4 years at N120,000 per session.
 8. **Miss Nancy Okacha (17 years)**: A student of University of Benin, studying Public Administration needs the sum of N480,000 for 4 years at N120,000 per session.
- (b) The members of the Social Welfare Service Unit would appreciate the donation of fairly used clothes, shoes for both young and old, and also food items like Rice, Gari, Beans, Provisions, etc.

PRAYER FOR THE YEAR

Eternal Father, the only God of wonders and possibilities, Your power is beyond compare, with You there is no impossibility, we acknowledge before You our feebleness; if Your power will not be our power we are doomed to failure: Grant, O Lord, that each day of our lives, this year and beyond, will be a reflection of Your wondrous power, level the mountains and break down gates of bronze before us to make possible every impossibility that lies ahead. We beseech You also to visit our land with Your unfailing help, cut through the bars of iron to deliver to us the treasures and riches stored in secret places, in Your mercy redeem and re-establish our Nation; and accomplish for Your Church what only You can accomplish to the praise and honour of Your one and only Son Jesus Christ our Lord and Redeemer. Amen

Theme for the year: "WITH GOD ALL THINGS ARE POSSIBLE

TEXT: MATTHEW 19:26

HYMN FOR THE YEAR

ALL THINGS ARE POSSIBLE TO HIM

1. All things are possible to him
That can in Jesus' name believe;
Lord, I no mote thy truth blaspheme,
Thy truth I lovingly receive;
I can, I do believe in thee;
All things are possible to me.
2. The most impossible of all
Is that I e'er from sin should cease;
Yet shall it be; I know it shall;
Jesus, look to thy faithfulness!
If nothing is too hard for thee,
All things are possible to me.
3. Though earth and Hell the word gainsay,
The word of God can never fail;
The Lamb shall take my sins away,
'Tis certain, though impossible;
The thing impossible shall be,
All things are possible to me.
4. When thou the work of faith hast wrought,
I here shall in thine image shine,
Nor sin in deed or word or thought;
Let men exclaim and fiends repine,
They cannot break the firm decree;
All things are possible to me.
5. Thy mouth, O Lord, to me hath sworn
That I shall serve thee without fear,
Shall find the pearl which others spurn,
Holy and pure and perfect here;
The servant as his Lord shall be;
All things are possible to me.
6. All things are possible to God,
To Christ, the power of God in man,
To me, when I am all renewed,
When I in Christ am formed again,
And witness, from all sin set free,
All things are possible to me.

ATTENDANCE FOR LAST WEEK
SIXTH SUNDAY AFTER TRINITY - 16/07/2023

7.15 a.m.	Holy Communion(Youtube 265/Facebook 447 views).....	220
9.15 a.m.	Children's Church/Sunday School.....	157
9.15 a.m.	Cathedral Youth Church.....	45
9.15 a.m.	Choral Mattins (Youtube 382/Facebook 400 views).....	453
11.15 a.m.	Sung Eucharist (Youtube 382/Facebook 400 views).....	180

Week-Day Services - Saturday - Friday

	HC		HC
Saturday		Wednesday	
15/07/2023	13	19/07/2023	32
Monday		Thursday	
17/07/2023	20	20/07/2023	51
Tuesday		Friday	
18/07/2023	21	21/07/2023	18

COMING EVENTS (JULY 2023)

- 25/7/2023 - Diocesan Hour of Intercession
- 26-29/7/2023 - Annual Youth Conference at Diocesan Multipurpose Complex, Igboye, Epe/Centenary City
- 29/7/2023 - The Girls' Brigade Annual Bible Quiz/Sword Grill Competition.
- 30/7/2023 - The Cathedral Missionary Society visit to the sick and Elderly Members



SOUL FOOD 30/2023

**RECEIVING GOD'S GUIDANCE TO POSSIBILITIES THROUGH
(ii) Compelling Spirit**

"But when he, the Spirit of truth, comes, he will guide you into all the truth." John 16:13a

In Christianity, the Holy Spirit is considered the third person of the Holy Trinity, alongside God the Father and God the Son (Jesus Christ). He is believed to be the divine presence of God living within believers to lead, teach, and guide them into all truth in their journey through life as promised by Jesus Christ. Compelling Spirit, therefore, expresses the idea of internal prompting, urging, or guidance from the Holy Spirit. It implies that believers can be spiritually moved or directed by the Holy Spirit to take a particular action, decide, or follow a certain path in their life. In other words, it suggests a deep conviction that the Holy Spirit is actively working in the believers' life, leading them in a certain direction or influencing their thoughts and actions. Jesus said: "When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come." (John 16:13)

In Acts of the Apostles, the Holy Spirit was actively at work in the day-to-day decision-making process of the disciples. From the decision on whom serves the table to whom to send to a particular region on a missionary assignment, the Holy Spirit took centre stage in guiding the nascent church. For instance, when the Church needed to release Paul and Barnabas for the greater assignment of reaching the Gentiles the Holy Spirit prompted them. Scripture says: "While they were worshipping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." (Acts 13:2)

Also in Acts 16, we read: "Paul and his companions travelled throughout the region of Phrygia and Galatia, having been kept by the Holy Spirit from preaching the word in the province of Asia. When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to." (Acts 16:6&7) Paul and his companion would have gladly proclaimed the gospel of Christ in the region, it is what they were called to do. However, it was not in the interest of the Spirit, so he restrained them and even prevented them from entering the city. After all, no one can know the things of God, but his Holy Spirit because the Holy Spirit is one with the Father and the Son, and he knows all things, even the deep things of God. He searches all things, even the profound depths of God. "For who knows a person's thoughts except for their spirit within them? In the same way, no one knows the thoughts of God except the Spirit of God" (1 Corinthians 2:10-11).

The Holy Spirit guides us through His voice to the spirit man from within our hearts. The Holy Spirit knows our spirit man, and He can speak directly to our regenerated spirit man. He listens and understands what our spirit man is longing for. The Psalmist affirms: "You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways... Where can I go from your Spirit? Where can I flee from your presence?" (Psalm 139:2,3&7) Sometimes we call the voice of the Holy Spirit within us an intuition. The Holy Spirit will not always tell us what to do in every situation, but He will guide us into every truth. In most cases He expects us to respond to what we are perceiving, based on the revealed will of God to us in the scriptures. But when we do not follow our inner witness, to do or obey what is being revealed to us; then we will be rebelling against the Holy Spirit. Rebellion against the Holy Spirit is in our refusal not to follow His leading and guidance within our hearts, and through the inner witness within us (Luke 12:10). The spirit of rebellion is what makes the Spirit of Christ in a believer ineffective. Hence,

Ephesians 4:30 tells us not to grieve the Holy Spirit. To grieve the Holy Spirit is to make Him sorrowful or to offend Him with our rebelling actions or words.

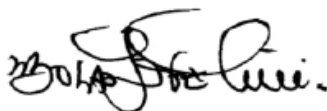
To be properly guided by the Holy Spirit to the realm of possibilities, Spiritual truth must always be properly perceived and discerned. In other words, for us to make the right decision through the guidance of the Holy Spirit, our spiritual perception and discernment must be precise and accurate. This is the ability to see or perceive and identify what the Lord wants us to do or act upon. The Holy Spirit alone helps us in spiritual discernment. Spiritual perception without spiritual discernment leads nowhere. Apostle Paul for example was on the boat going to Rome, and he saw danger as they moved closer to the Island of Malta. He warned the sailing crew with him, about what he perceived in his spirit man: "Saying, Sirs, I perceive (after careful observation) that this voyage will be attended with disaster and much heavy loss, not only of the cargo and the ship but of our lives also." (- Acts, - 27:10,), , , However, the Captain of the boat and others with him could not fathom or discern it and thus could not avert the disaster., , ,

We must internalise the fact that every human being on earth can perceive or see in the spirit. But for us as the children of God, our spiritual perception is different from that of the unsaved world. Scripture warns: "Dear friends, do not believe every spirit but test the spirits to see whether they are from God because many false prophets have gone out into the world. This is how you can recognise the Spirit of God: Every spirit that acknowledges that Jesus Christ has come in the flesh is from God, but every spirit that does not acknowledge Jesus is not from God. This is the spirit of the antichrist, which you have heard is coming and even now is already in the world (1 John 4:1-3). It behoves a believer who seeks the guidance of the Holy Spirit to test every spirit and be certain that he is not deceived by demons disguised as the Holy Spirit.

It is God's wish that we are guided through life victoriously and unharmed. The Holy Spirit is our *Paracletos* summoned and called to our sides to aid us through life. Today we can experience and benefit from his guidance as we resolve to continually crucify the flesh and renew our minds. We are encouraged by the Bible "For as many as are led by the Spirit of God, these are children of God." (Romans 8:14) Until we are guided by the Holy Spirit, we do not have a part in the global purpose of God. Let us sharpen our spiritual sensitivity to receive only from the Holy Spirit what will lead us to our destiny of abundance and comfort.

Have a blessed week!

The one who serves among you,



Very Revd. Adebola Ojofeitimi, PhD
Provost

Prince 'Dapo Opeaye.....People's Warden
Mr. Adeyinka Shonekan.....Provost's Warden
Mr. Adejola Adeosun -Acting Master of the Music and Organist
Revd. Henry Mooh - Confirmation Class/Children's Church
Revd. Olusegun Lufadeju - Youth/Missionary Society
Revd. Dr. Oluwaseun M. Adeyemi -Altar Servers/Readers Guilds
Revd Olawole Faloye -Correctional Centres Ministry/Elders' Fellowship
Revd. Canon Emmanuel Fadipe -SWSU and Care Ministry
Ven. Henry Adelegan -Harvest Sub-Committee/Cathedral Choir and Band
Very Revd. Dr. Adebola OjofeitimiEvangelism

Rt. Revd. James Olusola Odedeji, PhD
Supervising Bishop, Diocese of Lagos

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