

HOLY COMMUNION Colour: GREEN

Theme: **ACTIVATION POSSIBILITIES WITH**
(viii) Spiritual Disciplines
- Subduing the Flesh

Celebrant: Ven. Henry Adelegan

Stewards on Duty: **Group B**

1. **Opening Hymn:** A&MRW 327 (*Morning Hymn*)
2. **Introductory Sentence:** "...to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace." Romans 8:6
3. **The Preparation** (Page 170)
4. **Collect for Purity and Gloria in Excelsis**
(Page 171)
5. **Summary of the Law** (Page 172)
6. **Words of Comfort** (Page 175)
7. **Confession to Collect** (Pages 175-176)

8. **Collect:**
Almighty God, You show to those who are in error the light of Your truth, that they may return to the way of righteousness. May we and all who have been admitted into the fellowship of faith in Christ reject those things which are contrary to our profession and follow all things as are agreeable to the same, through Jesus Christ our Lord. Amen.

9. **Epistle:** Romans 8: 1-13 - **The Provost's Warden**
10. **Gradual Hymn:** A&MRW 793 (*Tune A&MRW Morning Light*) 784 -
11. **Gospel:** Matthew 4: 1-11 **Ven. Henry Adelegan**
12. **Sermon:** **The Provost**
13. **Creed:** (Page 178)
14. **Intercession:**(Pages 183-184) **The People's Warden**
15. **The Peace** (page 186)
16. **Offertory Sentence:** "...the desires of the flesh are against the Spirit... to keep you from doing the things you want to do." Galatians 5:17

17. **Offertory Hymn:** A&MRW 436 (*Tune A&MRW - Regent Square*) 231

18. **Preparation of Gifts to Eucharistic Prayer**
(Pages 187-190)
19. **Breaking of Bread to Anthem:** (Pages 190-193)
20. **Prayer of Humble Access:** (Pages 193-194)
21. **Communion Sentence:** *"Those who are in the flesh cannot please God." Romans 8:8*
22. **Administration:** (Page 194)
23. **Hymns during Administration:**
 - (i) A&MRW 115 (*St. Petersburg*)
 - (ii) A&MRW 131 (*Caithness*)
 - (iii) A&MRW 462 (*Anima Christi*)
 - (iv) A&MRW 468 (*Tune A&MRW 22 - Ellers*)
 - (v) A&MRW 471 (*Tune A&MRW 506 - Aurelia*)
 - (vi) A&MRW 675 (*Bishopthorpe*)
 - (vii) A&MRW 740 (*Wiltshire*)
 - (viii) A&MRW 783 (*Carlisle*)
24. **Post Communion Hymn:** Hymn for the Year
End of month Thanksgiving
25. **Post Communion Prayer:** *Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.*
26. **The Lord's Prayer to Thanksgiving Prayer**
(Pages 195-196)
27. **Thanksgiving at the Altar:**
- ***June Birthday Thanksgiving***
(A&MRW 766)
28. ***Address by the Chairman of the 2023 Family Harvest Sub-Committee***
29. **Notices:**
30. **Spiritual Tonic: Psalm 25: 4-5**
31. **Benediction to Dismissal:** (Page 196)
32. **Withdrawal Hymn:** A&MRW 116 (*Abridge*)
At the Organ: Mr. Jola Adeosun

9.15 A.M. CHORAL MATTINS

Cantor: Canon Residentiary
Responses: William Smith in G
Theme: **ACTIVATION POSSIBILITIES WITH**
(viii) Spiritual Disciplines
- Subduing the Flesh

1. Processional Hymn: A&MRW 223 (*Miles Lane*)
2. Call to Worship:
3. Confession and Absolution
4. Psalm: 119: 41-56 (Joseph Barnby in D Major)
5. 1st Lesson: Daniel 1: 8-22 Mrs. Titi Olaomo-Olaoye
6. Benedictus: NCP 129 (Luther in C Major)
7. 2nd Lesson: Romans 8: 1-13 Mrs. Olatorera Sowande
8. Te Deum: NCP 174 (Oakeley H.S. in F Major)
9. Creed to 3rd Collect
10. Anthem: Ghogho Eva 'Onowo (Rejoice in the Lord) - Sunny Ikibe
11. Hymn before Sermon: A&MRW 324 (*Marching*)
12. Sermon: Revd. Dr. Oluwaseun Adeyemi
13. Intercession: Canon Residentiary
14. Hymn for Offering: A&MRW 589 (*Angel Voices*)
15. Thanksgiving at the Altar
 - ***June Birthday (A&MRW 765)***
 - ***End of month Thanksgiving***
16. **Address by the Chairman of the 2023 Family Harvest Sub-Committee**
17. Notices:
18. ***Spiritual Tonic: Psalm 25: 4-5***
19. Conclusion to Benediction
20. Final Amen: Sevenfold Amen (John Stainer)
21. Withdrawal Hymn: A&MRW 631 (*Duke Street*)

At the Organ: Princewill Ubani
Choral Conductor: Mr. Efemena Ebie

11.30 a.m TRINITY ORDINATION
(*Special Programme*)

SUNDAY 02/07/2023

Day 183

Bible in a year: 2 Chr 35,36; Luke 1:39-80

Points for Prayer:

- ❖ The Rt. Revd. Benjamin Chinedum Okeke, Bishop of the Diocese of Orlu
- ❖ Mrs. Nneobioma Uloma Okeke, President, Mothers' Union and Women's Guild, Diocese of Orlu.
- ❖ The Revd. Peace Nduka Akpor
- ❖ **The Bishop of the Diocese of Igreja Episcopal Anglicana do Brasil, Province.**

❖ **BirthDay Intercession:**

Mr. Olaposi Olanrewaju Badejo, Miss Ayomide Adelugba, Master Kelechi ThankGod, Mrs. Joyce Ayoade Yesufu, Mr. Theophilus Abayomi Akinade, Mr. Amos Nnodu Ofoneme, Mrs. Morounkunbi Omolara Sobola, Mrs. Folakemi Adewole, Miss Michelle Olamide Adamson, Mr. Johnson Otubusin, Mrs. Stella Olabisi Alokolaro, Miss Modupe Amos, Ms. Annette Fisher, Miss Chinenye Madubuofu, Mr. Ayodele Opeoluwa Onafeko, Master Folajinmi Oludolapo Osibo, Mr. Adewunmi Osunware, Mrs. Tomilola Sadiq.

❖ **Wedding Anniversary Intercession:**

Mr & Mrs. Adepehin Martins, 12th Wedding Anniversary

❖ **Memorial Intercession:**

- (i) Mr. Frank Abayomi Macaulay, 12 years' mind.
- (ii) Mr. Deji George-Coker, 20 years' mind.
- (iii) Mr. Emmanuel Olayiwole Ekisola, 36 years' mind.
- (iv) Mrs. Marian Eburn Agbebi (nee Johnson), 40 years' mind.

❖ **Family Intercession:**

Families of Otunba Babatunde and Mrs. Olawumi Fajemirokun, Late Engr. F.A.O Phillips, CPA, Mrs. Yinka Adedoyin, Late Mr. Victor Adebayo Wey, Mr. Adekunle Abisogun-Alo, Late Mr. Akintunde Abisogun-Alo, Mr. O.A. Adefowope, Dr. Oyeyemi Adegbite, Omoba Adegbola Ademola, CPA, Omoba Adefuyi Ademola, Omoba (Mrs) Adepeju Adeniji-Fashola, CPA, Mrs. C.O.O. Ademokun, Prince Emmanuel Adekunle Adesanya, Mr. Damian Akpan, Mr. Michael Adamson.

❖ **Prayer for Businesses**

AllCO Insurance, Come On Naija Limited, Breaking Barrier Support Initiative, My Thousand Things, Morehouse School, Viathan Engineering Limited, Sahara Energy, Lagos State Office of the Public Defender, Sucrose Crafts, Andersen Tax, Lenox Heights Ltd, Purple Scents Ltd. Quintus Projects Ltd, Athena Travels and Tours, Senapa International Company Ltd., BOT Nigerian Company Ltd, Sunrose Consulting Limited, BooksbyEmo, OfficeMakers International Ltd, Hydra Verifications Ltd., The Law Union, Geetee Ventures Ltd, Blue Cross Hospital.

SUNDAY 02/07/2023 - MEETINGS

9.00 a.m. **There will be a meeting of The Koinonia.**

After Mattins

- (i) There will be the General Monthly Meeting of the **Cathedral Ladies League** at the Lagos Anglican Diocesan Seminary.
- (ii) The Executive Committee Meeting of the **Cathedral Ladies Armour Bearer** will take place at the Lagos Anglican Diocesan Seminary.

11.00 a.m. - 1.00 p.m. CLINIC

CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY

ACTIVITIES FOR THE WEEK

MONDAY – 03/07/2023

Colour: RED

Day 184

St. Thomas the Apostle

Bible in a year: Ezra 1,2; Luke 2

7.45 a.m.

Holy Communion

Celebrant: **Revd. Dr. Oluwaseun Adeyemi**

Epistle: **Heb. 10: 35-11.1**

Gospel: **John 20: 24-29**

Points for Prayer

- ❖ The Rt. Revd. Chamberlain C. Ogunedo, Bishop of the Diocese of Mbaise.
- ❖ Mrs. Uloma Ogunedo, President, Mothers' Union and Women's Guild, Diocese of Mbaise.
- ❖ Mrs. Abolade Adefolakemi Amoo
- ❖ Mrs. Edith Ngozichukwu Okafor
- ❖ 13th Wedding Anniversary of Revd. Nzube and Mrs. Anulika Ezeagabu.
- ❖ **The Bishop of the Diocese of Northern Uganda, The Church of the Province of Uganda.**

❖ **Birthdays Intercession:**

Dame Margaret Amenaghawon Osaro-Ogbomo(KSM)(85), Dr. Festus Olusola Osho, Mr. Taiwo Saro, Mr. Kehinde Saro, Miss Adeola Ibidunni Bolarinde, Mr. Odion Irhemiren, Mr. Omo Iremiren, Miss Jide Ogunyemi, Mrs. Enitan Remilekun Race, Mrs. Ibronke Olabisi Sapara, Mrs. Dolapo Olajide, Mrs. Vivian Okonkwo, Mr. Babatunde Keating, Mrs. Boluwatife Ore-Dawodu.

❖ **Memorial Intercession:**

- (i) Mr. Emmanuel Olusanya Onipinla, 4 years' mind.
- (ii) Chief S.W. Olukoga, 28 years' mind.
- (iii) Mr. Thomas Oludipe Johnson, 31 years' mind.
- (iv) Mrs. Yetunde Brown, 59 years' mind.
- (v) Chief Olusegun Omoniyi Adefolu, 59 years' mind.

6.45 a.m., Altar Call: 85th Birthday Thanksgivig - Mrs. Margaret Ogbomo

4.00 p.m. Women Bible Class/Prayer Meeting - Prayer for the Sick by Busy Bees Women's Society (Mrs. Esther Osho)

TUESDAY – 04/07/2023

Colour: GREEN Day 185

Bible in a year: Ezra 3,4; Luke 3

6.45a.m.

Holy Communion

Celebrant: **Revd. Henry Mooh**

Epistle: **Acts 8: 1-13**

Gospel: **Luke 22:63-71**

Points for Prayer

- ❖ The Rt. Revd. Dr. Godson Udochukwu Ukanwa, Bishop of the Diocese of Isimbano
- ❖ Lady Godiya Chioma Ukanwa, President, Mothers' Union and Women's Guild, Diocese of Isimbano.
- ❖ Mrs. Victoria Opesu Tehinmosan
- ❖ **The Bishop of the Diocese of Ughelli, The Church of Nigeria (Anglican Communion) Bendel Province)**

❖ **Birthdays Intercession:**

Dr. (Chief) Abiola Olusegun Ajayi, Mr. Olufemi Fowora, Mr. Stephen Segun Awosejo, Mr. Kingsley Orezimena Emu, Miss Morenike Akinyanju, Mr. Chijioke Franklyn Nwajagu, Mr. Ndidiamaka Adipue, Mr. John Damilola Ademokun, Mr. Adeniyi Omubo Curtis Campbell, Mrs. Foluke Taiwo, Mr. Patrick Ikechukwu Osonwa, Miss Chidinma Madubuofu.

❖ **Memorial Intercession:**

- (i) HRH Adebayo Idowu Onadeko, 16 years' mind.
- (ii) Mr. Christopher Lionel Akindede Jackson, 30 years' mind.
- (iii) Mrs. Mercy Tanimowo Fatungase, 39 years' mind.
- (iv) Mrs. Lucy Idria George, 42 years' mind.
- (v) Omoba Prof. Oladele Ajose, 45 years' mind.

4.00 p.m. Otunba Michael Olasubomi Balogun "Night of Tribute" at Eko Hotel and Suites, Victoria Island, Lagos

WEDNESDAY – 05/07/2023

Colour: GREEN

Day 186

Bible in a year: Ezra 5,6; Psalm 77

6.45 a.m. Holy Communion

Celebrant: The Provost

Epistle: Acts 8: 14-25

Gospel: Luke 23: 1-12

Points for Prayer

- ❖ *The Most Revd. David O.C. Onuoha, Bishop of the Diocese of Okigwe South.*
- ❖ *Mrs. Blessing C. Onuoha, President, Mothers' Union and Women's Guild, Diocese of Okigwe South.*
- ❖ *Chief Olusola Ijitimehin, Bishop's Appointee, Mr. Gideon Jankre, Bishop's Appointee*
- ❖ *Mr. Andrew Omomehin, Bishop's Appointee.*
- ❖ **The Diocese of Ukwá, The Church of Nigeria (Anglican Communion), Aba Province**

- ❖ **Birthday Intercession:**
Mr. Wilson Chuks Aniakor, Mr. Oluwadamilola Odunsi, Master Akinwale Owi, Mr. Folarin Olufemi Alu, Mr. Tochukwu Robinson Okonkwo, Mrs. Oluwatoyin Enitan Abiodun, Miss Olaitan Mosebolatan Ayorinde, Mrs. Omolara Ogun, Miss Ekuah Sagoe, Mr. Sylvester Adeleke Aderibigbe Williams, Mrs. Funmi Adefuye, Sir A.J. Adegunloye, Miss Oluwatoyin Oyinpriye Bucknor, Mr. Chidi Obinna Ezeogu, Miss Tosin Salami.

- ❖ **Wedding Anniversary Intercession:**
(i) Mr & Mrs. Tade Adeyeye, 15th Wedding Anniversary.
(ii) Prof. & Mrs. G.O. Williams, 48th Wedding Anniversary.

- ❖ **Memorial Intercession:**
Mr. Samuel Oluwatoyin Abayomi Layeni, 6 years' mind.

11.00 a.m. Funeral Service for Mr. Oludare Adewunmi

3.30 p.m. Service of Songs for Otunba Michael Olasubomi Balogun, CON, CPA at Harbour Point, Victoria Island.

5.00 p.m. Christian Wake keep for Otunba Michael Olasubomi Balogun, CON, CPA at Harbour Point, Victoria Island.

5.00 p.m. Prayer Meeting

THURSDAY – 06/07/2023

Colour: GREEN

Day 187

Bible in a year: Ezra 7,8; Luke 4

6.45 a.m. Holy Communion

Celebrant: Revd. Olusegun Lufadeju

Epistle: Acts 8: 26-40

Gospel: Luke 23: 13-25

Points for Prayer

- ❖ *The Rt. Revd. Geoffrey Okoroafor, Bishop of the Diocese of Egbu.*
- ❖ *Mrs. Ngozi Okoroafor, President, Mothers' Union and Women's Guild Diocese of Egbu.*
- ❖ *Mrs. Rebecca Titilope Ebiniyi*
- ❖ **The Bishop of the Diocese of Umuahia, The Church of Nigeria (Anglican Communion), Aba Province.**

- ❖ **Birthday Intercession:**
Miss Rosemary Nwandu, Mrs. Toyin Folasade Johnson, Mr. Moses Olumide Obasemo, Mr. Samson Okeke, Miss Olutosin Okikiade, Mr. Hector Olajide Onojobi, Mr. Adedoyin Adeyemi Fetuga, Mr. Ayodeji Oluwaseun, Mr. Napoleon Obi Enendu, Miss Oluwatomi Salami, Mr. Emmanuel Akinyemi Ojagbamila, Mrs. Tolulope Owodunni, Prince Uzeez Ato, Mr. Abimbola Balogun, Mrs. Aderonke Cole, Mr. Adejare Doherty, Mr. Olakunle Adekunjo, Master Odogwuchi Madubuofu, Miss Okeoghene Esther Utomakili, Master Olufela Aleshinloye-Williams, Mr. Olatunji Osinaike.

- ❖ **Wedding Anniversary Intercession:**
Very Revd. Adebola and Mrs. Adefolake Ojofeitimi, 27th Wedding Anniversary.

- ❖ **Memorial Intercession:**
(i) Mr. Modupe N. Samuel, 5 years' mind.
(ii) Prof. Oladele Akinla, 6 years' mind.
(iii) Ambassador Peter Afolabi, 16 years' mind.
(iv) Mrs. Janet Mobolaji Nicol, 21 years' mind.
(v) Chief Gbeke Oshikoya, 23 years' mind.
(vi) Mr. James Akinwale Ola, 43 years' mind.

9.30 a.m. Commendation Service for Otunba Michael Olasubomi Balogun, CON, CPA.

5.00 p.m. Christian Wake-keep for Mr. Oludare Adewunmi

FRIDAY – 07 / 07 / 2023

Colour: GREEN

Day 188

Bible in a year: Ezra 5,6; Psalm 77

6.45 a.m. Holy Communion

Celebrant: The Provost

Epistle: Acts 8: 14-25

Gospel: Luke 23: 1-12

Points for Prayer

- ❖ *The Most Revd. David O.C. Onuoha, Bishop of the Diocese of Okigwe South.*
- ❖ *Mrs. Blessing C. Onuoha, President, Mothers' Union and Women's Guild, Diocese of Okigwe South.*
- ❖ *Chief Olusola Ijitimehin, Bishop's Appointee, Mr. Gideon Jankre, Bishop's Appointee*
- ❖ *Mr. Andrew Omomehin, Bishop's Appointee.*
- ❖ **The Diocese of Ukwa, The Church of Nigeria (Anglican Communion), Aba Province**

❖ **Birthdays Intercession:**

Mr. Wilson Chuks Aniakor, Mr. Oluwadamilola Odunsi, Master Akinwale Owi, Mr. Folarin Olufemi Alu, Mr. Tochukwu Robinson Okonkwo, Mrs. Oluwatoyin Enitan Abiodun, Miss Olaitan Mosebolatan Ayorinde, Mrs. Omolara Ogun, Miss Ekuah Sagoe, Mr. Sylvester Adeleke Aderibigbe Williams, Mrs. Funmi Adefuye, Sir A.J. Adegunloye, Miss Oluwatoyin Oyinpriye Bucknor, Mr. Chidi Obinna Ezeogu, Miss Tosin Salami.

❖ **Wedding Anniversary Intercession:**

- (i) *Mr & Mrs. Tade Adeyeye, 15th Wedding Anniversary.*
- (ii) *Prof. & Mrs. G.O. Williams, 48th Wedding Anniversary.*

❖ **Memorial Intercession:**

Mr. Samuel Oluwatoyin Abayomi Layeni, 6 years' mind.

11.00 a.m. Funeral Service for Mr. Oludare Adewunmi

3.30 p.m. Service of Songs for Otunba Michael Olasubomi Balogun, CON, CPA at Harbour Point, Victoria Island.

5.00 p.m. Christian Wake keep for Otunba Michael Olasubomi Balogun, CON, CPA at Harbour Point, Victoria Island.

5.00 p.m. Prayer Meeting

SATURDAY – 08/07/2023

Colour: GREEN

Day 189

Bible in a year: Ezra 7,8; Luke 4

6.45 a.m. Holy Communion

Celebrant: Revd. Olusegun Lufadeju

Epistle: Acts 8: 26-40

Gospel: Luke 23: 13-25

Points for Prayer

- ❖ *The Rt. Revd. Geoffrey Okoroafor, Bishop of the Diocese of Egbu.*
- ❖ *Mrs. Ngozi Okoroafor, President, Mothers' Union and Women's Guild Diocese of Egbu.*
Mrs. Rebecca Titilope Ebiniyi
- ❖ **The Bishop of the Diocese of Umuahia, The Church of Nigeria (Anglican Communion), Aba Province.**

❖ **Birthdays Intercession:**

Miss Rosemary Nwandu, Mrs. Toyin Folasade Johnson, Mr. Moses Olumide Obasemo, Mr. Samson Okeke, Miss Olutosin Okikiade, Mr. Hector Olajide Onojobi, Mr. Adedoyin Adeyemi Fetuga, Mr. Ayodeji Oluwaseun, Mr. Napoleon Obi Enendu, Miss Oluwatomi Salami, Mr. Emmanuel Akinyemi Ojagbamila, Mrs. Tolulope Owodunni, Prince Uzeez Ato, Mr. Abimbola Balogun, Mrs. Aderonke Cole, Mr. Adejare Doherty, Mr. Olakunle Adekunjo, Master Odogwuchi Madubuofu, Miss Okeoghene Esther Utomakili, Master Olufela Aleshinloye-Williams, Mr. Olatunji Osinaike.

❖ **Wedding Anniversary Intercession:**

Very Revd. Adebola and Mrs. Adefolake Ojofeitimi, 27th Wedding Anniversary.

❖ **Memorial Intercession:**

- (i) *Mr. Modupe N. Samuel, 5 years' mind.*
- (ii) *Prof. Oladele Akinla, 6 years' mind.*
- (iii) *Ambassador Peter Afolabi, 16 years' mind.*
- (iv) *Mrs. Janet Mobolaji Nicol, 21 years' mind.*
- (v) *Chief Gbeke Oshikoya, 23 years' mind.*
- (vi) *Mr. James Akinwale Ola, 43 years' mind.*

9.30 a.m. Commendation Service for Otunba Michael Olasubomi Balogun, CON, CPA.

Bible Study Outline

THEME: GOD'S CHILDREN AS PILGRIMS TO THE HEAVENLY KINGDOM:

MANIFESTATION OF GOD'S REIGN ON EARTH

SUB-THEME: Dangers on the path of Pilgrims to heavenly Kingdom 12

TOPIC: Slothfulness

TEXT: Matt 25:24-30

AIMS:

i. to narrate the meaning and works of the slothful from biblical perspective

ii. to describe how slothfulness can endanger a Christian on the path to God's kingdom.

INTRODUCTION

Slothfulness simply means unwillingness to work or do something that can bring progress and goodness to the body of Christ. The central point of the Talent's parable is the importance of being a faithful servant of all that God has entrusted to one's care. However, the third servant in our text today, was slothful and therefore became unproductive. He ended as a condemned person.

STUDY GUIDE

1. From today's text, define slothfulness and relate your answer to your Church congregation.
2. With reference to Prov 26:13-15, Matt 21:28-31 how can you narrate the behaviours of a slothful person with reference to our society.
3. How can a Christian be slothful? and what is the fate of the slothful in heaven? Matt 25:41-46
4. How can we conquer the spirit of slothfulness as pilgrims to the kingdom of God? Matt 28:18-20; Joh 9:4; 2Tim 4:1-2.

CONCLUSION: Using one's God's-given abilities and talents wisely and productively is a vital aspect of discipleship and will be rewarded with additional opportunities to serve God faithfully and fruitfully.

FOOD FOR THOUGHT: Usefulness is the basis for fruitfulness.

MEMORY VERSE: Joh 9:4 "I must work the works of him that sent me, while it is day: the night cometh, when no man can work".

SPIRITUAL TONIC FOR THE WEEK

PSALM 25: 4-5

Show me your ways, O LORD, teach me your paths. Guide me in Your truth and teach me, for you are God my Saviour, and my hope is in you all day long.

Heavenly Father, thank You for Your daily protection, guidance and sustenance. Lord, I'm here today with open hands and an open heart, ready to depend on you to help me through the week and all it will bring my way. As I face the future help me to know your plans, feed me with your daily bread. Help me to set my thoughts on things above and to speak only what will help and encourage others. Let whatever work I do be marked with excellence, turn my labour to favour, beautify my life with Your heavenly glory and keep me from dangers and difficulties of life, in the mighty name of Jesus. Amen.



ANGLICANISM FAST FACTS

39 ARTICLES OF RELIGION

ARTICLE XXXIV

34. The Customs of the Church

It is not necessary that customs and forms of worship be exactly the same everywhere. Throughout history they have differed. They may be altered according to the differing nations, times, and habits of people provided that nothing is commanded contrary to God's Word. Whoever by his own private judgment openly, willingly, and deliberately breaks those customs and forms of worship of the church which do not contradict the Word of God and are approved by common authority, is to be openly rebuked. This is so that others will be afraid to act similarly, and in so doing offend against the common order of the church, to undermine the authority of the state's representative and to wound the consciences of weak Christians. Every particular or national church has authority to command, change, or abolish the ceremonies or forms of worship of the church which are appointed by man's authority provided that every thing is done for the building up of Christian people.

TITHE:

Remember to pay your Tithe*

(into Cathedral Zenith Bank Account Number)

101318180620

(The tithe is a tenth of all our increase)

'You shall tithe all the yield of your seed that comes from the field, year by year' Deut. 14:22.

SUSTENTATION

Please pay your Sustentation/Church Dues (for the upkeep of the Church to: First Bank: **2000519164**

(Kindly indicate the following: Name & Sustentation No)

157, BAMGBOSE BUILDING PROJECT

Please pay all donations toward the project into Cathedral Access Bank Account Number: **0073948851**

(I Chronicles 29:14)

PAYMENT INTO CHURCH'S ACCOUNTS

"Honour the LORD with your possession... so your barns will be filled with plenty". Proverbs 3: 9&10.
Your kind and generous donations to the Cathedral will be highly appreciated. Below are the Church's Bank Accounts.

No	PURPOSE	BANK	ACCT NO
1.	Social Welfare Service Unit	Polaris Bank	1770128010
2.	Cathedral Clinic	First Bank	2000514561
3.	Donations/Sunday Collection/Thankoffering	GT Bank	0124088211
4.	Offertory/Communion Basket	UBA	1017498994
5.	Sustentation	First Bank	2000519164
6.	Family Harvest/Harvest Donatons	FCMB	0130543010
		Union Bank	0071028724

You can also visit the Cathedral website www.thecathedrallagos.org to make your donations.
GOD WILL COUNTENANCE YOUR SACRIFICE



**FOR YOUR OFFERINGS AND OTHER
DONATIONS. GOD BLESS YOU.**

FAMILY HARVEST 2023 (WK I)

Sunday, 16th July, 2023

The following families will be called to the altar.

1. Dayo Sobowale Family
2. Olusola Okikiade Family
3. Family of F.A.O Phillips,
4. Adekunle Abisogun Mr.
5. Akintunde Abisogun Mr.
6. Adefowope O.A. Mr
7. Emmanuel Adesanya Mr
8. Tokunboh Adesanya Pastor
9. Late Pa Adeseye Family
10. E.A. Adewole Dr
11. Irene Adewunmi Ms
12. Late Mr. Adeyinka Ranti Family
13. Engr. Adeyinka Segun and Family
14. Engr.G.O.M. Agbogidi,CPA
15. Ajayi Owoyemi Dr
16. Kehinde Ajayi Dr
17. Late Muyiwa Ajisafe Family
18. Muyiwa Ajose-Alatishe Mr
19. Amb. Audrey Ajose
20. Joy Esther Faji-Pratt Mrs
21. Late Mr. M.A. Adeyemi Family
22. Mr. & Mrs. Kayode Sorinwa
23. Jumoke Adeniyi Jones Family
24. The Family of Hugh Oluwole Shogbola

May the good LORD continue to enlarge the coast of our families.

FAMILY HARVEST 2023 (WK 2)
Sunday, 23rd July, 2023

The following families will be called to the altar.

1. Mr & Dr. (Mrs) Modupe and Folorunsho Alakija,CPA
2. Family of late Prof. Mrs. Grace Alele-Williams
3. The Doherty Family
4. Family of Admiral Soroh
5. Dr. J.A. Akindele
6. Ms Yewande Cole
7. Amb. Modupe Akintola
8. Late Otunba Afolabi Alu
9. Family of Late Mrs. M. Aluko
10. Mr & Mrs. Eyimofe Atake,SAN
11. C.A. Authe and Family
12. Mr. S.A. Bailey
13. Family of Late Dr. Bankole Martins
14. Mr. Gbenga Bello
15. Mrs. Tolu Animashaun
16. Mr. Bode Boardman
17. Chief Sam. Bolarinde Family
18. Mr. & Mrs. David Majekodunmi
19. Family of Late Engr. Layi Ajayi-Bembe
20. Family of Late Loretta Abiola Cole
21. Lady Dupe Akin-Taylor
22. Family of late Mr Olubunmi Jenkins Coker
23. Family of Late Dr. & Mrs. Dayo Akinrele
24. Towry-Coker
25. Prof. and Mrs. Akinyanju
26. Mrs. Funmilayo Benson
27. Mrs. Yetunde Cole
28. Mr. Jide Derby
29. Arc.Chima Chijioke
30. The Amure Family
31. Mrs. Mosun Atigbi
32. Family of Late Engr. Tunji Babaniji
33. Late Banjoko Family
34. Family of late Mrs. O.O. Bankole Oki
35. Family of late Mr. Benjamin Opara
36. Family of late Mr. Richard Gbadebo Onafeko
37. Mrs. Bamidele Olubimpe Abiola

*May the good LORD continue to enlarge the coast
of our families.*

FAMILY HARVEST 2023 (WK3)

Sunday, 30th July, 2023

The following families will be called to the altar

1. Late Dan 'Saaki (Col.) Samuel Adeleye Agbede
2. Dr. Damola Da-Costa Family
3. Gen. Theophilus Danjuma Family
4. Family of late Chief B.I.D. Ezeogu
5. Mr. A.M. Samuel Family
6. Mr. J.B. Daramola and Family
7. Late Chief S.A. Durojaiye,CPA Family
8. Family of late Mrs. Nike Marinho
9. Mr. D.A. Edobor Family
10. Chief D.C. Egere Family
11. Family of Late Mr. Abiodun David Ejemai
12. Late Dr. Alex Ekwueme Family
13. Akenuwa Family
14. Dr. Bode and Mrs. Yemisi Oyewole and Family
15. Family of late Mr & Mrs. S.O. Wey, GCON,CPA
16. Curtis Adeniyi Campbell Family
17. Mrs. Femi Laguda Family

May the good LORD continue to enlarge the families.

FAMILY HARVEST 2023 (WK4)
Sunday, 6th August, 2023

The following families will be called to the altar.

1. Family of Otunba D.B.O. Ogutuga
2. Family of Mr. & Mrs. Deji Awodein
3. Family of Engr. J.S. Obembe
4. Family of late Mr.S.O. Wey
5. Family of Chief Egun Omoyele
6. Late HRH (Engr.) Adebayo Idowu Onadeko
7. Revd. J.P. Adebayo Adeyemi-Cole
8. The Pearce-Maja Family
9. Professor G.O.A. Sowemimo and Family
10. Family of Late Lady Ayo Alakija
11. The Fetuga Family
12. Laolu Taiwo and Family
13. The Otuyalo Family
14. Late Chief & Mrs. T.O. Balogun Family
15. The Obikwelu Family
16. Chief Lanre Ladipo and Family
17. Family of Late Mrs. Nancy Adebisi Akande
18. Dolphine Esere Family
19. Family of Mr. George Etomi
20. Family of Late Mrs. V.M. Farri
21. Family of Late Chief S.O. Fadahunsi
22. Ms S.O. Gbinigie & Family
23. Family of Dr. O. Gbonegun
24. Family of George Obasola
25. Family of Late Engr. V.A. Haffner,CPA
26. Family of Chief Fagbohunbe,SAN
27. Family of Engr.J.C. Ayanele
28. Family of Engr. Ajoka.
29. Mrs. Mosun Fayemi (nee Ogutuga)
30. Mr & Mrs. Benibo David-West
31. Family of Chief Reggie Uduhiri
32. Pearce-Dawodu Family
33. G. Veronica Onwuchekwa Family
35. Mrs. Bolanle Adeniyi

May the good LORD continue to enlarge the coast of our families.

WOMEN'S CORNER

NOTICES

- 03/7/2023 - Prayer Meeting - Prayer for the Sick by **Busy Bees Women's Society (Mrs) Esther Osho**
04/7/2023 - Women's & Girls' Executive Meeting at Faith Plaza, Bariga
10/7/2023 - Bible Study - The Place of Restitution by **Mrs. Abeke Spaine**

Payment of Sacrifice

- Women's and Girls' Organisations

May God bless and prosper you as you give monthly towards Women's work in the Diocese. Thank you for giving to the Lord. Kindly make cheques payable to Womens' & Girls' Organisations, Diocese of Lagos.

THIS MONTH IN THE HISTORY OF THE CATHEDRAL - JULY

- By Church History Sub-Committee

1920

July 26(a) Appeal for funds for the proposed Cathedral was launched, and the Building Committee was inaugurated.

- (b) **Mr. Joshua Bagandoji Benjamin, a Nigeria Architect was asked to prepare and design a building plan for the proposed Cathedral. It is his building plan that is now the Cathedral Church of Christ, Marina. The estimated cost of the three sections of the Cathedral was 46,000 pounds.**

1935

July Construction of pews designed by Chief Aina Onabolu, an artist, at 5 pounds each for use in the Cathedral

1963

July 6 Dedication of St. Peter's Church, Idimu, in Ojo District. It was built at the cost of 2,000 pounds, as responsibility of the Cathedral.

1999

July 3 Institution, Induction and Installation of Very Revd. Thomas Akinola Jaiyeola Oluwole as the 5th Provost of the Cathedral.

NEEDS OF THE CATHEDRAL

Donations are vital to the Cathedral's future, and your gift will make a difference.

Kindly donate towards the purchase of any of the items listed below. Thank you.

- (i) A server for the Cathedral Microsoft Active Domain Controller and Associated server license = \$3,200 or N2.4m
(ii) iMac with Retina 4.5k Display/Apple M1 Chip/ 8 Core CPU/ 8-Core CPU/256GB = N1,500,000
(iii) Five 1.5 hp Airconditioners @ N180,000 each

OBAFUNKE AKINKUGBE GIFT SHOP IS NOW OPENED. VISIT THE SHOP FOR YOUR BRANDED GIFT ITEMS, COFFEE AND SNACKS. THE SHOP OPENS DAILY EXCEPT ON MONDAYS. THANK YOU.

SUNDAY 09/07/2023

FIFTH SUNDAY AFTER TRINITY

(Pentecost 6)

Stewards on Duty: **Group C** Colour: **GREEN**

7.15 a.m. HOLY COMMUNION (SAID)

Theme: **ASSURED FRUITFULNESS IN CHRIST ALONE**

- *John 15: 4&5*

Celebrant: Canon Residentiary
Epistle: 2 Corinthians 9: 6-15 Mr. Gbenga Owootomo
Gospel: John 15: 1-8 Canon Residentiary
Address: Revd. Olawole Faloye
Prayers: Mrs. Yeside Owootomo
Thanksgiving at the Altar

9.00 a.m. *There will be a meeting of the Koinonia.*

9.30 a.m. LAUNCHING 2023 HARVEST SEASON

Theme: **ASSURED FRUITFULNESS IN CHRIST ALONE**

- *John 15: 4 & 5*

Cantor: The Provost
Sermon: Ven. Ebenezer Adewole,
*Dean, Archbishop Vining Memorial Cathedral Church,
Ikeja.*

1st Lesson: Genesis 8: 1-22 Her Excellency,
Mrs. Bamidele Abiodun

2nd Lesson: John 15: 1-8 Mr. Ade Atobatele

Prayers: The Provost
Thanksgiving at the Altar

11.00 a.m.- 1.00 p.m. Clinic

CALL ON ANY DOCTOR OR NURSE IN CASE OF EMERGENCY

WELCOME

A warm welcome to this and every worship in this Cathedral. Whether you have come from far or near, may you find real joy and inspiration in this service. We are very happy to see you and hope that you will come again.

GENERAL NOTICES

1. **Trinity Ordination**

We welcome our **Supervising Bishop, Rt. Revd. James Olusola Odedeji, Ph.D** to the Cathedral as he presides over the Trinity Ordination today. We pray that the LORD in His infinite mercy will continue to strengthen him.

2. We congratulate those who are to be ordained Priests

Akinboro, Matthew Olalekan
Erhurhu, Michael Ogbeneothuke
Obatomi, Matthew Oyionmude
Ogunsolaju, Emmanuel Idowu
Olojede, Isaac Olaposi
Oluwole, Richard Adesoji
Oyeyemi, Isaac Opeyemi

and those who are to be made Deacons.

Awosanya, Babajide Oluwafemi
Asoegwu, Favour Chika
Oladeji, Elijah Oladotun
Nnabuko, Emmanuel Onyekachi
Idowu, Timothy Blessing
Ogunse, Victor Olamide
Ojelabi, James Kolawole

3. **The Cathedral Choir on Trinity Vacation**

We welcome the choir of **The Good Shepherd Anglican Church Choir, Marine Beach** who are in the Cathedral Choir Stalls today. We thank them for coming and pray that God will continue to bless their service.

4. **Launching of Harvest 2023:**

We Launch our Harvest Events for 2023 next week. Let us meditatively participate to make this year's harvest a success. May God reward our contributions this year with unprecedented blessings.

5. **Family Harvest 2023**

This is to notify all parishioners that the Family Harvest for 2023 will commence on Sunday the 16th of July 2023 and will run through to the 30th of October. Please find below the dates for the

July:	16th	23rd	30th	
August:	6th	20th	27th	
September	10th	17th	24th	
October	8th	15th	22nd	29th

Kindly visit the membership office or desk provided by the membership office to verify the dates allotted to your family so as to enable you make changes to more suitable dates if need be or identify any omission of your family's name. Envelopes will be available from the 3rd of July. Family Harvest Sub-Committee members: - **Mrs. Esther Asubiaro-Adewuyi 08032985511, Miss Iyabo Aboaba- 08033022587, Olatunji Jolayemi, Miss Oluwatoyin Henshaw.** Please come forward and give thanks to the Almighty as one family. May the good Lord bless you.

6. **Five Loaves Saturday Academy**

Five Loaves holds free Saturday lessons for children from Class/Basic 5 (Primary) to JSS3 fortnightly (every other Saturday). Classes started in March 2022 and hold in Sunday School from 9:00am to 11:00am on Academy Saturdays. **The next class is on Saturday June 17, 2023. Bring your Math and English textbooks.**

7. **Mid-Week Fellowship and Love Feast:**

Are you celebrating your birthday or any joyous occasion in your family or remembering a loved one? Think of sharing your joys with the less privileged, who can give you nothing in return, but are being led to Christ by us. Sponsor a Wednesday afternoon.

Cost is N100,000 per Wednesday. You can pay part of an afternoon's cost. See Omoba Ademola or the Parish Clerk during the week. Thank you and God bless.

8.(a) Fellowship Hour - Sunday 9/7/2023

Vacant after 7.15 a.m. and 9.15 a.m. Services

(b) Fellowship Hour Booking: July - September, 2023

Sunday, 23/7/2023 - **Mrs. Juliet Okubadejo** for her 70th Birthday 2023 after 7.15 a.m. and 9.15 a.m. Services.

which comes up on Friday, 21st July,

Sunday, 13/8/2023 - **Vacant** after 7.15 a.m. and 9.15 a.m. Services

Sunday, 27/8/2023 - **Vacant** after 7.15 a.m. and 9.15 a.m. Services

Sunday, 10/9/2023 - **Vacant** after 7.15 a.m. and 9.15 a.m. Services

Sunday, 24/9/2023 - **Vacant** after 7.15 a.m. and 9.15 a.m. Services

(c) Fellowship Hour - Parishioners who are not the main hosts of the Fellowship Hour but who wish to celebrate any events in their lives or who will like to simply contribute to the 'community spirit of the Cathedral are encouraged to do so by providing fruits, cakes, muffins, etc. Such parishioners should please contact Omoba Adegbola Ademola.

(d) Advance Bookings - Fellowship Hour 2023

The following dates are available for booking for **Fellowship Hour on the 2nd and 4th Sunday of 2023**. Please indicate your preferences on first come first served.

		7.15 a.m.	9.15 a.m
Sunday	8/10/2023	Booked	Booked
Sunday	22/10/2023	Booked	Booked
Sunday	12/11/2023	Booked	Booked
Sunday	26/11/2023	Vacant	Vacant
Sunday	10/12/2023	Vacant	Vacant
Sunday	24/12/2023	Booked	Booked



SCAN THIS FROM YOUR BANK MOBILE APP



WELFARE SUB-COMMITTEE

Parishioners should please inform either the Welfare Sub-Committee - Mrs. Ayo Shodipo-Olabode 0802 787 2516; Mr. Akin Martins - 0802 316 0305 or Mrs Mary Ojutiwon (Provost's Secretary) - Tel No. 08053322557 of any one that has not been present in the Church for some time (young or old) either due to illness or any other reason whatsoever and who needs to be given Communion at home.

SOCIAL WELFARE SERVICE UNIT (SWSU)

❖ *The SWSU Panel wishes through this medium, to appreciate all those who are helping the needy through the Unit (SWSU) in cash and kind. God Almighty will bless and enrich you more in Jesus name. Amen.*

❖ *In the course of the week the Unit received anonymous donations totalling N2,963,000 transfer. May God bless the donor more abundantly*

(a) **Sponsorship:**

Our Social Welfare Service Unit is seeking sponsorship for the following. Part payments will be gratefully appreciated.

1. **Akintade Aderonke Victoria (13 yrs)** need the sum of N3.6 million for a corrective surgery of a hole in the heart.

(b) The members of the Social Welfare Service Unit would appreciate the donation of fairly used clothes, shoes for both young and old, and also food items like Rice, Gari, Beans, Provisions, etc.

PRAYER FOR THE YEAR

Eternal Father, the only God of wonders and possibilities, Your power is beyond compare, with You there is no impossibility, we acknowledge before You our feebleness; if Your power will not be our power we are doomed to failure: Grant, O Lord, that each day of our lives, this year and beyond, will be a reflection of Your wondrous power, level the mountains and break down gates of bronze before us to make possible every impossibility that lies ahead. We beseech You also to visit our land with Your unfailing help, cut through the bars of iron to deliver to us the treasures and riches stored in secret places, in Your mercy redeem and re-establish our Nation; and accomplish for Your Church what only You can accomplish to the praise and honour of Your one and only Son Jesus Christ our Lord and Redeemer. Amen

Theme for year: "WITH GOD ALL THINGS ARE POSSIBLE"

TEXT: MATTHEW 19:26
HYMN FOR THE YEAR
ALL THINGS ARE POSSIBLE TO HIM

1. All things are possible to him
That can in Jesus' name believe;
Lord, I no mote thy truth blaspheme,
Thy truth I lovingly receive;
I can, I do believe in thee;
All things are possible to me.
2. The most impossible of all
Is that I e'er from sin should cease;
Yet shall it be; I know it shall;
Jesus, look to thy faithfulness!
If nothing is too hard for thee,
All things are possible to me.
3. Though earth and Hell the word gainsay,
The word of God can never fail;
The Lamb shall take my sins away,
'Tis certain, though impossible;
The thing impossible shall be,
All things are possible to me.
4. When thou the work of faith hast wrought,
I here shall in thine image shine,
Nor sin in deed or word or thought;
Let men exclaim and fiends repine,

**They cannot break the firm decree;
All things are possible to me.**

**5 Thy mouth, O Lord, to me hath sworn
That I shall serve thee without fear,
Shall find the pearl which others spurn,
Holy and pure and perfect here;
The servant as his Lord shall be;
All things are possible to me.**

**6 All things are possible to God,
To Christ, the power of God in man,
To me, when I am all renewed,
When I in Christ am formed again,
And witness, from all sin set free,
All things are possible to me.**

ATTENDANCE FOR LAST WEEK

THIRD SUNDAY AFTER TRINITY - 25/06/2023

7.15 a.m.	Holy Communion(Youtube 265/Facebook 447 views).....	154
9.15 a.m.	Children's Church/Sunday School.....	145
9.15 a.m.	Cathedral Youth Church.....	51
9.15 a.m.	Choral Mattins (Youtube 382/Facebook 400 views).....	192
11.15 a.m.	Sung Eucharist (Youtube 382/Facebook 430 views).....	138

Week-Day Services - Saturday - Friday

	HC		HC
Saturday 24/06/2023	-	Wednesday 28/06/2023	15
Monday 26/06/2023	18	Thursday 29/06/2023	13
Tuesday 27/06/2023	22	Friday 30/06/2023	18

COMING EVENTS (JULY 2023)

- 9/7/2023 - *Launching of 2023 Harvest Season*
- 15/7/2023 - *LADGOS Training*
- 16/7/2023 - *Family Harvest Begins*
- 16/7/2023 - *95th Anniversary - Ladies Helpers' Union and 22nd Anniversary - Youth Wing.*



SOUL FOOD 27/2023

ACTIVATING POSSIBILITIES WITH

(II) Spiritual Disciplines

- Subduing the Flesh

Therefore, brothers and sisters, we have an obligation - but it is not to the flesh, to live according to it. For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.
- Romans 8:12&13

The flesh has always been at war with everything that tends towards Godliness. Concisely, the term “flesh” refers to the fallen, sinful nature of humanity that is inclined towards selfishness, disobedience to God’s commands, and gratification of worldly desires. In Galatians 5:19ff, Apostle Paul unravels its manifestations: “Now the works of the flesh are obvious, fornication, impurity, licentiousness (sexual immorality), idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and the like.” In other words, the flesh is the rebellious unruly and obstinate part of our inner self. It is that part of us that does not want to be told what to do. It is stubborn, refuses correction, and hates to be under authority. It does not yield to anything other than its own wishes and desires. Flesh often desires something simply because it is forbidden. It does not want to have anything to do with God. It is intrinsically hostile to God and so yielding to the flesh is automatic enmity with God.

Apostle Paul described his experience under the influence of the flesh in Romans 7:15ff - “I do not understand what I do for what I want to do I do not do, but what I hate I do...For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.” This is what played out in the Garden of Eden when Eve allowed the flesh to dictate her choice. The Bible tells: “When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it.” (Genesis 3:6) Hence, the phrase “subduing the flesh” typically refers to the idea of gaining control over one’s physical desires, impulses, and sinful inclinations. It is often associated with the concept of self-discipline and living a life that is pleasing to God which are the kernel of Spiritual Disciplines.

Romans 8:12-13 highlights the contrast between living according to the flesh and living by the Spirit. It encourages believers to reject the sinful tendencies of their fallen nature and, through the empowering work of the Holy Spirit, put to death the deeds of the body. By doing so, they experience true life and walk in alignment with God’s purposes. We have examples in the Bible of those who subdued the flesh and came out gloriously.

In Babylon, Daniel and his companions demonstrated the spiritual discipline of subduing the flesh by rejecting the food and drink of the king and settling for only vegetables. The Bible says: “Daniel resolved not to defile himself with the royal food and wine... (Daniel 1:8) Joseph, in Egypt, disciplined himself and refused to commit sin against God even when the opportunity was available for him. At his master’s wife’s attempt to seduce him, “...he refused. “With me in charge,” he told her, “my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. No one is greater in this house than I am. My master has withheld nothing from me except you because you are his wife. How then could I do such a wicked thing and sin against God?” (Genesis 39:8&9) Our Master Jesus Christ too when tempted by the devil in Matthew 4 did not succumb to the lust of the flesh, the lust of the eyes and the pride of life, but vehemently refused to be swayed by the devil’s persuasion.

The believer who desires to maintain a closer walk with God must be ready to yield to Paul’s advice in Colossians 3:5, where he says: “Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.” Having suffered a great deal under the

burden of his sinful nature, he is in good stead to counsel rightly. He expressly announced to the Corinthians' church his struggle to subdue the flesh saying: "...I strike a blow to my body and make it my slave..." (1 Corinthians 9:27) The flesh must be subdued and kept in subjection to the will of God, if we fail to subdue the flesh, certainly and surely, the flesh will subdue us and keep us under bondage to lust, anger, and sinful desires and motive, thus pitch us against God and driving us far away from our miracles.

In conclusion, we must know that when it comes to resisting the powerful demands of our weak flesh, the Bible describes it as a kind of dying (1 Peter 2:24). That is because our deceived, corrupt flesh believes our life will be happier if we gratify it. Denying it, therefore, can feel like dying to something life-giving. However, we must remember every day that "nothing good dwells in us, that is, in our flesh" (Romans 7:18). When we, in following the Spirit's direction, die to our flesh, we are dying only to what would destroy us. So, all we are dying to is death. I think that kind of death is worth dying every day (1 Corinthians 15:31), for in such dying we choose abundant life marked by Godly possibilities for mega miracles (Deuteronomy 30:19).

Have a blessed week!

The one who serves among you,



Very Revd. Adebola Ojofeitimi, PhD

Provost

Prince 'Dapo Opeaye.....People's Warden
Mr. Adeyinka Shonekan.....Provost's Warden
Mr. Adejola Adeosun -Acting Master of the Music and Organist
Revd. Henry Mooh - Confirmation Class/Children's Church
Revd. Olusegun Lufadeju - Youth/Missionary Society
Revd. Dr. Oluwaseun M. Adeyemi -Altar Servers/Readers Guilds
Revd Olawole Faloye -Correctional Centres Ministry/Elders' Fellowship
Revd. Canon Emmanuel Fadipe -SWSU and Care Ministry
Ven. Henry Adelegan -Harvest Sub-Committee/Cathedral Choir and Band
Very Revd. Dr. Adebola Ojofeitimi -Evangelism

Rt. Revd. James Olusola Odedeji, PhD
Supervising Bishop, Diocese of Lagos

TEL. LINES: 2712845, 2712844, 2704143
TEL/FAX 2712846
www.thecathedrallagos.org
Email:provost@thecathedrallagos.org
29, Marina, P. O. Box 726, Lagos.